

Sous Vide Pork Ribs

MAKES: 2 RACKS
PREP TIME: 15 MINUTES
COOK TIME: 36 HOURS



Ingredients

- · ⅓ cup (109 g) paprika
- ⅓ cup (73 g) dark brown sugar
- ¼ cup (72 g) kosher salt
- · 1 tbsp (6 g) ground mustard
- \cdot 1 tsp (2 g) freshly ground black pepper
- \cdot 2 tbsp (12 g) granulated garlic powder
- · 1 tbsp (6 g) dried oregano
- · 1 tsp (2 g) ground coriander
- · 1 tsp (1 g) red pepper flakes
- · 2 whole racks St. Louis-cut pork ribs
- · About ¾ tsp (3ml) liquid smoke
- · Barbecue sauce (optional)

Preparation

- 1. Preheat water bath to 165 degrees F (74 degrees C).
- 2. In a bowl, combine all ingredients except racks of ribs, liquid smoke, and barbecue sauce.
- 3. Divide each rack of ribs into three to four portions with three to four ribs each by cutting through the meat in between the ribs.
- 4. Rub ribs generously on all sides with the spice rub mixture.
- 5. Place individual portions of rubbed ribs in vacuum bags. Add 4 drops (about 1/8 teaspoon) liquid smoke to each bag.
- 6. Seal the bag, add to water bath, and cook for 36 hours.
- 7. When finished cooking, preheat your oven to broil.
- 8. Line two rimmed baking sheets with foil. Remove ribs from bags and place on baking sheets. Brush with barbecue sauce if desired. Place under the broiler for about 30 seconds 1 minute, then flip, until starting to brown and bubble.
- 9. Serve with additional barbecue sauce if desired.