

THE LORD'S HOUSE

Declaring Truth

Father's Relationship

Galatians 5:1 says, "It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery." If you have received Christ as your Savior, He has already set you free through His victory over sin and death on the cross. The question is: Are you living victoriously in Christ's freedom, or are you still living in slavery? How can you tell if you are living free in Christ? Freedom in Christ is having the desire and power to know, love, worship and obey God. It is the joyful liberty of knowing God's truth in the power of the Holy Spirit. It is not a perfect life, for that is impossible this side of heaven. But it is a growing, abundant life in Christ (see John 10:10)! If you are not experiencing that kind of freedom, it may be because you have not stood firm in the faith or lived according to who you are in Christ. Somehow you have allowed a yoke of slavery to form a soul tie and put you back into bondage. It is your responsibility, however, to do whatever is needed to walk in your freedom in Christ. If you are a Christian already, your eternal life is not at stake, you are safe and secure in Christ. But your daily victory is at stake if you choose not to walk according to the truth. No matter how tough things might be for you spiritually right now, we've got great news for you! You are not a helpless victim caught in a tug-of-war match between two nearly equal but opposite heavenly superpowers—God and Satan. Only God is all-powerful, always present and all-knowing. Satan was defeated by Christ the Victor at the cross, so don't believe the lie that your situation is hopeless or that you are helpless against the devil's attacks. Satan knows you have authority over him in Christ, but he doesn't want you to know it. He is a liar and the only way he can have power over you is if you believe his lies. The battle is for your mind. You may experience nagging thoughts such as, This isn't going to work or God doesn't love me, etc. Don't believe the devil's lies. If you believe Satan's deceptions, you will really struggle with breaking soul ties, don't pay any attention to accusing or threatening thoughts. If you are working through this with a trusted friend, pastor or counselor (which we heartily encourage), then tell him/her any thoughts you are having that are in opposition to what you are trying to do. Remember, the only power Satan has over you is the power of the lie. Expose the lie by getting it out in the open; then choose the truth and the power of that lie is broken. In that way you will be able to maintain control in the Holy Ghost. You must cooperate with the Holy Spirit with the Truth of God's Word and with the person who is trying to help you. Speak and share what is going on inside your mind. Also, if you experience any physical discomfort such as headache, nausea, tightness in the throat, etc. don't be alarmed. Just tell the person you are with so that he/she can pray for you. Don't let the devil set the agenda during this time; let the Holy Spirit call the shots.

Declaration In the name and authority of the Lord Jesus Christ we command Satan and all evil spirits to release their hold on _____ (name) _____ in order that _____ (name) _____ can be free to know and choose to do the will of God. As children of God, raised up and seated with Christ in the heavenly places, we agree that every enemy of the Lord Jesus Christ be bound. We say to Satan and all his evil workers that you cannot inflict any pain or in any way prevent God's will from being done today in _____ (name's) _____ life.

Review the events of your life to discern specific areas where soul ties or strongholds may exist

Family History Personal History

Religious history of parents and

Eating habits (bulimia, bingeing and purging, grandparents anorexia, compulsive eating)

Home life from childhood through high school

Addictions (drugs, alcohol)

History of physical or emotional illness

Prescription medications (what for?) in the family

Sleeping patterns and nightmares

Adoption, foster care, guardians

Rape or any other sexual, physical or emotional abuse.

Thought life (obsessive, blasphemous, condemning, distracting thoughts, poor concentration, fantasy)

Mental interferences during church, prayer or Bible study

Emotional life (anger, anxiety, depression, bitterness, fears)

Spiritual journey (salvation: when, how, and assurance)