

Nancy's Newsletter

November - 2023



*Grateful
Thankful
Blessed*

~ From the Desk of Nancy DeAnne Land ~



Dear Ladies,

Blessings to you this month of November. Autumn and Christmas are my most favorite times of the year and I'm so happy to see these seasons arriving. It's also been great to have the weather cooling down here in Arizona now too. I absolutely love the beautiful colors of Autumn. I don't get to see too many autumn colors here in our area and one day our daughter, Becky, who moved to Centerton, Arkansas this past April texted me a picture of their autumn foliage and it was just beautiful! I told her I was jealous 😊. It is really something special what each season brings and how it makes you feel. Sarah and I had decorated our home for Fall, and every time I walk through the door, or even just sit there and look at the beauty of it all. . . I feel so thankful, grateful, & blessed!

November 11th is "Veterans Day". I want to say thank you to all the men and women who have served and are serving in our Armed Forces. I'm very proud of my Dad's (Tom Dennie) service in the Army during the Korean War. I also have two brothers that served. My older brother (Ray) served in the Air Force for 32 years then my younger brother (Tommy) served in the Marines. On the "Dennie" side of my family we have had family members serving in the military since the days of George Washington. My dad passed away almost 2 years ago and I always loved hearing the stories of his Army days that he would tell me. Being in Korea during the winter was pretty harsh. We have "FREEDOM" here in this country because of those who have served in the military. We owe them so much and I want them to know "We Honor Them!" Sunday, November 12th we will celebrate our Veterans in church service. Each will receive a gift and Luke Air Force Base Honor Guard will be here at New Life with a flag folding ceremony and presentation to our oldest Veteran. I always love seeing that! We will be singing patriotic songs also, which I love to do.

November 11th is also a very special celebration for our family. Our youngest Daughter (Rebecca) & Son-By-Love (Justin) will be celebrating their 17th Wedding Anniversary. I can't believe it's been 17 years since that wonderful day in our lives. We are truly proud of Justin & Becky. They have built their marriage on Christ and I appreciate the love and respect they have for each other. They are wonderful parents and have blessed us with the most precious Grand-CUTIES ever! They are teaching their girls the importance of a relationship with Christ "BY EXAMPLE" (which makes my Honey & I so proud!). Not only that, but God has blessed them even more for making sure He is put first! Justin, you have truly been a "gift" from God to our family. Justin & Becky, though you won't be here to celebrate with us, we hope your special day is filled with lots of love, joy overflowing, and more cherished memories of anniversaries yet to come!

37 years ago on November 19, 1986 our lives were once again changed for the better. Our youngest Daughter, Rebecca Anne, was born by C-Section in Bakersfield, California, weighing in at 8lbs. 6 oz. Becky there are not enough words to tell you just how PROUD we are of you and the woman you have become. You're a wonderful Daughter, and an amazing Wife, & fantastic Mommy! You have taught your girls so much about taking care of a home, teaching them to cook at young ages. . . and you have just poured yourself into your family. Becky, we have always been so blessed to see you use your musical talents for God. He has blessed you with an anointing and your "gifts" should be shared with others. When you were born, we gave you the nickname "PRECIOUS" and you are still that to us today! Happy Birthday Sweetie and may God bless you exceedingly abundantly above all you could ever ask for or think. Though you are a 37 year old grown woman, you will always be our "baby girl!" We are proud of you and love you beyond words. HAPPY BIRTHDAY and this year we will get to celebrate you on your birthday when you come to see us, which we are so looking forward to.

We celebrate THANKSGIVING on Thursday, November 23rd. I just love this holiday and all the things that Thanksgiving means. This is a day when we can focus on our "BLESSINGS". . . along with the delicious aroma of food cooking. Many get to have a special time with family.

This year we will have Thanksgiving a week early at our house because our Daughter (Becky) & our Grand-CUTIES (Abigail & Alaina) will be flying in from Centerton, Arkansas for about 5 days. Justin works remote from home and will be working those days, so he can't come this time. We will sure miss him, but will be so excited to have Becky & the girls come. We will all be working in the kitchen preparing our delicious Thanksgiving meal and Sarah will get the job of cleaning the turkey. She can wash a (over)

turkey like no one else! 😊

Thanksgiving means so much to me! So many people bypass this holiday and head right into Christmas decorating, but I never want to forget the meaning and message of 'THANKSGIVING' and I hope you don't either. As the dictionary describes it, 'THANKSGIVING' "Is the act of giving thanks; grateful acknowledgment of benefits or favors, especially to God. A day set apart for giving thanks to God."

Sometimes "LIFE" can be so trying. Many of you are going through some really hard places right now. I know for myself it's been a rough 2-1/2 years physically. It seems it's been a very long "bumpy road" dealing with diabetes, side effects, having a rare form of breast cancer, surgeries of several kinds, chronic sciatica pain (which is why I can't stand for very long), losing my 90 year old dad at the same time as my cancer. . . and this past summer my mother was diagnosed with Alzheimer's Disease. Just before my daddy died almost 2 years ago, my brother took my 86-1/2 year old Mom to live with him in Oklahoma. He had her 2 months, then my brother's daughter (Melissa) began caring for her in her home. On October 23rd my brother & niece had to place mom in a "Memory Care Facility" there in Oklahoma. Alzheimer's is a horrible disease and we've seen her decline week after week. It breaks my heart and I have cried many tears, including today that I'm writing this 😞. I am truly very thankful for the great childhood I had with two wonderful parents. It was my mom's testimony of living for Jesus in front of me that has helped to make me who I am in Christ. Now with her Alzheimer's Disease, mom doesn't know me in a personal way. I am just the word "Nancy". The same for my brother and even my niece who had her in her home & cared for her. Mom thinks her kids are dead and though this is a part of Alzheimer's Disease, It still makes me so sad.

There are just days when it seems the "bumps in this road of life" are just too much. . . But then through it all, I see and feel God's FAITHFULNESS no matter what I'm going through! How about you? Lamentations 3:22-23 says "The FAITHFUL love of the Lord never ends! His mercies never cease. Great is his FAITHFULNESS!" Sometimes we go through things so that we will learn how to have compassion for others. My prayer has been that no matter what people are going through, that I can be of some comfort to them, to love them, to be God's hand extended.

I am truly thankful for God's amazing GRACE! What are you thankful for this Thanksgiving? Psalm 69:30 says "I will praise God's name in song and glorify Him with thanksgiving." Thanksgiving is the ability to see the small flickering lights of love in the hearts of little children. Thanksgiving is the process of waiting on God for a long enough time to see Him work in situations. . . in places. . . and in lives where there is no earthly hope other than through Him! Thanksgiving is a process of counting marvelous blessings when our heart aches from the traumas and tragedies of life. Ezekiel 34:26 says "And I will make them and the places round about my hill a blessing; and I will cause the shower to come down in his season; there shall be showers of blessing."

Take time this Thanksgiving to realize that even the smallest things can mean so much and be such great blessings. The past few days I've been reminiscing of the times we took care of our Grand-CUTIES while Becky worked at the doctor's office years ago. One day our little Abigail who was 5 years old back then, was sitting at the breakfast bar waiting for me to fix her oatmeal before we went to the church to work. . . and all of a sudden she said "Nanny, I love you so much and I can't even imagine being born in this world without you!" I dropped what I was doing and went over to her and gave her a big hug and said "Abby, you'll never know how much your words have touched me. God has given you the special gift of giving Nanny "JOY" every day with the words you speak to me and especially with your smile!" That was before Alaina could talk very well or I'm sure she would have been saying it right along with her sister. I so love these girls and every hug, every kiss, every smile over the years has touched this Nanny's heart. I hold on to those priceless memories. Since they've moved away, I love our "video chats" and still cherish the memories of those calls. I can't touch them or hug them so many miles away, but I can still see and feel our "love connection" together. What a blessing that is!

Can you imagine what this world, this church, your home, your workplace would be like if we all said positive things to lift a spirit and to be an encouragement! Oh the smiles that would be on faces! The world today is filled with so many negative things. There is evil all around. People are dealing with such physical traumas. . . and people are searching everywhere for peace and a happiness they don't seem to have. Colossians 3:15 says "Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be THANKFUL!"

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Maybe you are one of those people today and your road is so bumpy you just don't know if you'll make it. I want to encourage you and tell you **YOU WILL MAKE IT!** Having a true relationship with Jesus Christ can give you peace that you will not find in the world and it will help you see **GOD'S FAITHFULNESS** in anything you are dealing with. . . big or small! I encourage you to let Christ be the Lord and center of your life. If you do, the blessings will come because He loves to shower blessings upon His children.

During this Thanksgiving time of year when we are to be grateful, thankful, & blessed, let's think about others. In this internet & texting age we live in, it's so easy to make someone's day special. You can send someone an email or text and say something to brighten their day. . . or post a positive scripture on their Facebook wall saying how much they mean to you. Just knowing they were thought of can mean the world to them. This is something do-able and costs nothing except a few minutes. Find ways to bless others.

Whatever your Thanksgiving day includes this year, whether it be big or small. . . with family, friends, or just by yourself, may we all stop and give thanks to God for **ALL** our blessings. As the old church hymn says "Count Your Blessings Name Them One By One!"

As I close, I do wish you all a very blessed Thanksgiving. May this celebration of Thanksgiving be the best you've ever had!

I pray that each of you have a great God-filled month. Remember Ladies (and my faithful men readers), you are **SPECIAL!**

Love & Blessings,

Nancy DeAnne Land

Thanksgiving

**All things
we receive from God
work together
for good.**

**We praise
and thank Him
in trials and
triumphs,
scarcity and
plenty,
knowing He sends
exactly what we need.**

(Author/Nancy Spiegelberg)





In Everything Give Thanks



*"In everything give thanks; for this is God's will for you
in Christ Jesus." (1 Thessalonians 5:18)*

THANKSGIVING. As a holiday, this is a day filled with family, food, and football. It also is a day to rest and reflect on God's goodness to us and the many blessings we have to be thankful for.

For each new morning with its light,
for rest and shelter of the night,
for health and food,
for love and friends,
For everything Thy goodness sends.
(Ralph Waldo Emerson)

When I hear the word 'thanksgiving', I envision a heart overflowing with appreciation and gratitude. It is more than a simple 'thank you' or 'I am blessed'.

It is a heart and mind open wide with recognition of all the things, big and small, that we are fortunate enough to have.

When we wake in the morning. . . aware that we have our own warm and safe home with a comfy bed; thankful for the tasty and nutritious food we have to eat; appreciative of the family and friends whom we love and share life with. We offer thanks for our health, the job that we have, and the car that we drive.

What our thoughts focus on impacts our perspective, our feelings, and our responses to everything we encounter.

A heart of thanksgiving guides us to see the good around us more than the problems; to appreciate what we do have, more than fretting about what we don't have; to have hope for today and our future, rather than worry or dread.

Being thankful helps keep a smile on our face, joy in our heart, and a skip in our steps.

I try to give gifts to those I love that are thoughtful, personal and meet the need and preferences of the recipient. I have four children and one says thank you with meaning, one returns almost every gift given, one says oh, OK.

But one exudes joyful thanks for every gift given, from a decorative pair of socks to an expensive coat. Her gratitude is genuine and bubbles over with joy. My response is delight and I want to give her more!

I have pondered that maybe God is a bit like this. . . He loves to give His children gifts when they appreciate what He has already given.

In Luke chapter 17, Jesus told a story of the ten lepers, who were suffering and ostracized because of the disease. They cried out to Him to have mercy on them.

Jesus told them to go see the priest and while they were on their way, they saw that they were healed.

Only one of the ten lepers returned to Jesus to thank him, loudly and publicly. Jesus asked aloud where were the other nine.

You can imagine how much more the one who expressed gratitude pleased God.

Especially in this time of unrest in our country, with concern about protecting what we have and our freedoms, we need to be thankful. . . as a person, as a family, and as a nation.

Perhaps it is more than coincidence that this holiday of Thanksgiving comes just ahead of Christmas. Being thankful for all we have, the goodness and generosity of God can be preparation for the greatest gift.

In just a few weeks, we will be celebrating a gift rooted in unfathomable, unconditional love. God sent His only Son, Jesus, from heaven to earth, to endure all sorts of hardship, suffering, and death, that we would have the gift of eternal life with them.

Join me in having a heart full of Thanksgiving today and everyday!

(Real Women Ministries/Stephanie K. Adams)





Blessings and Burdens

"Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus." (1 Thessalonians 5:16-18)

When my maternal grandma was living, she'd sometimes tell me, "Gratitude will change your attitude. Take inventory of your blessings." It's important to count our blessings, not our burdens, because what we focus on will take our attention and

shape the way we see our lives.

If we're always looking only at everything that's wrong in our lives, it weighs heavy on our hearts. Our outlooks can shift to doom and gloom, leading to depression and we may not even want to get out of bed in the morning. However, if we focus on the good in our lives, that will uplift our minds and help us see how God is... and always has been... working all things together for our good. Romans 8:28 "And we know that all things work together for good to those who love God, to those who are called according to His purpose."

Recognizing the positive things leads to happiness and a healthy outlook on life. Being grateful is not just good advice from my maternal grandma. God advises us to give thanks with a grateful heart because He is good and His love endures forever.

God knows that the enemy attacks our minds and fills them with dark and depressing thoughts. They can be so heavy that all hope seems lost. But God has not left us defenseless. Instead, He's given us a battle plan in His Word. One strategy to win the war is found in Philippians 4:8 "Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things."

There's much pain, trauma, trials, and suffering in this world. We have plenty to be concerned about and there's no shortage of burdens. When we learn how to cast our cares on Jesus and then consider God's gifts, we can begin to overcome the evil here on earth. It's not easy to do this, but with God's help, we can do anything. Philippians 4:13 "I can do all things through Christ which strengtheneth me!" One practical way to do this is to practice gratitude.

Ann Voskamp's book, "One Thousand Gifts: A Dare to Live Fully Right Where You Are," challenges readers to write down a thousand things that inspire thankfulness. This exercise takes time, and she encourages readers to practice by daily counting their blessings. What a great challenge! Maybe today you can start your "Gratitude Journal" and begin writing down what you are thankful for.

I began a "Gratitude Journal". My first entry was "Rainy Days" and item #2 was "Birds Singing." The list continued with "pure joy," "my mom," "my grandmother," "my friends" and "my favorite radio station." I paused once I reached number 150, but returned to the list days, weeks, and sometimes months later. After seven years of participating in this challenge, I wrote gratitude #1,000: "God's love."

Intentionally remembering God's gifts wasn't easy, but it was worth it! Some days, I felt discouraged and weighed down by the world. But each time I focused on my blessings, my perspective shifted. I went from sad to smiling and felt like my burdens were lifted. This practice of counting my blessings instead of burdens increased my thankfulness for all God has done and continues to do in my life.

This world is not perfect, which means we'll always have pain and problems. Being a Christian doesn't mean your life will be free of hurt. Our issues are valid, but God will help us through it. As followers of Jesus Christ, we need to remember that this planet is not our home. Perhaps the greatest blessing we have is the hope of eternal life with our God who loves us with all of His heart!

Next time you're feeling discouraged, try the "Gratitude Challenge" as well. It may change your own view of life as it did for me.

PRAYER:

Dear God, Help us to count our blessings, not our burdens. Thank You for being a Wonderful Counselor. Thank You that Your love for me and all humankind endures forever. Thank You for sending Your Son, Jesus Christ, to save us in Your Kingdom. Teach us how gratitude can change our attitude as we continue to walk close to You. In Jesus' Name I pray. Amen

(I Believe Devotion/Alexis A. Goring)

God Is Good! Give Thanks!



*"Praise the Lord! Give thanks to the Lord, for he is good.
His faithful love endures forever." (Psalm 106:1)*

It's just about Thanksgiving time. Even if this year's celebration will only include your immediate family, you will probably be busy. In the hustle and bustle of this day, there will likely be more reasons for why being thankful might not be on the top of your list. Here are a couple of possibilities:

- * The turkey is thawing in the kitchen and you didn't know that your dog loves raw turkey until you noticed him gnawing on one of the drumsticks in the living room!
- * You make a final trip to the grocery store the day before Thanksgiving and you can't find anything on your list!
- * You tried to recreate your loved one's recipe and it's a total fail!
- * You drew the short straw and reluctantly got stuck making the Thanksgiving meal!

Whatever your Thanksgiving brings, allow me to simply remind you that there is always at least one good reason to give thanks, whatever your circumstances and it is this. . . **GOD IS GOOD!**

Here are three of my favorite ways that God displays His goodness:

1) GOD IS GOOD BECAUSE HE GIVES US FREE GIFTS.

Everyone loves a free gift, right? God is good because His gifts are amazing! We read in Ephesians 2:4-5, "But God is so rich in mercy, He loved us so much, that He gave us back our lives again when He raised Christ from the dead. Only by His undeserved favor have we been saved.

Do we deserve God's kindness? No. Do we deserve His mercy? No. Do we deserve His forgiveness? No. God loves us and He gives us these free gifts. This is a reason to be thankful!

2) GOD IS GOOD BECAUSE HE LOVES US UNCONDITIONALLY.

God loves us not for what we've done, but for who we are. This is a core truth about God and worthy of our embrace. God's love isn't based on our income. It's not based on our job. It's not based on our looks. It's not based on the way we dress. God's love for us has no strings attached. There's nothing you can do to earn God's love. This is a reason to be thankful!

3) GOD IS GOOD BECAUSE HE OFFERS US LIFE FOREVER.

In the midst of all of the craziness happening in the world, we can be thankful that God wants our future to include real life! He offers us life to the full. . . here and now, and someday, life in heaven. John 10:10 "I have come that they may have life, and that they may have it more abundantly."

We read in 1 Peter 1:4-5, "And we have a priceless inheritance...an inheritance that is kept in heaven for you, pure and undefiled, beyond the reach of change and decay. And through your faith, God is protecting you by his power until you receive this salvation, which is ready to be revealed on the last day for all to see." This is a reason to be thankful!

God is good! He gives amazing gifts! He loves you unconditionally! He gives us life now and a future in heaven. So. . . what are you waiting for? Thanksgiving Day? There's no need to wait! Give thanks!



Be Thankful
Because No
Matter What
Your Story Holds,
You Still Have a
Future



*"Many are the plans in a person's heart, but it is the LORD's purpose that prevails."
Proverbs 19:21*

You are living a story today. A story crafted and told by the Author of heaven. . . The star-scatterer. . . The mountain-mover. . . The water-walker.

In the day-to-day, it doesn't feel like a story. It feels like Dishes in the sink. . . Another doctor appointment. . . Reports on the desk. . . Another mile behind the steering wheel of the car. . . Another bill to pay. There is so much we do not know, that we will not know, but we can be certain of this. . . the Author is good and we are loved!

There is a God at work who has always been speaking, always been creating beauty out of the broken, and who has always been faithful! John 21:25 says "Jesus also did many other things as well. If every one of them were written down, I suppose that even the whole world would not have room for the books that would be written."

Jesus is still doing many other things. He is not done with history. He is not finished with the part of it that is our story either. Whatever scene we find ourselves in today, it is not the final page! Hold on. . . there is a turning coming! There is more than this, more than the here and now, and more to be thankful for. We have not yet seen the there and then.

We are overcomers! We are warriors! We are a force to be reckoned with in this world! . . . And whatever the future brings, our God is still holding the pen. He is the only one who gets to write "The End".

PRAYER:

God, You are the Author of our lives. You are the One who speaks truth to our hearts. When the lies get loud, we choose to listen to You. Tell us who we are, remind us of what's true. Help us to tell each other too. We want our lives to be stories that bring You glory. And Lord through our lives may we be THANKFUL and see your FAITHFULNESS! Amen.

(Holley Gerth Devotions)



Thankfulness

"We give thanks to You, O God, we give thanks, for your name is near, men tell of your wonderful deeds. (Psalm 75:1)

Thankfulness has become a life theme for me, especially on bad days. Like everyone else, I sometimes feel God has passed me by, put me on a shelf, or left me in a basement to languish.

But even if I can't be thankful for what I've received on those days, I'm thankful for what I've escaped.

I once heard of a little girl who was overjoyed one evening because broccoli wasn't on the dinner table! Whenever God puts broccoli on your plate or allows tears to flow from your eyes, remember it is only because he has a greater good in mind. He wants to grow a rainbow in your heart.

I don't know about you, but I don't want to live my life in the PAST. I want to find a zillion things to be thankful for TODAY!

What are you thankful for right at this moment? Aim your mind in a thankful direction by being grateful for the tiniest things. . . water to drink, a moment to rest, the color of a flower, the hug of a grandbaby, sunset, a piece of bread, or a familiar song on the radio. Keep looking for sights, smells, sounds, that make you feel pleasure, and write them down.

One woman told me, "I've been writing at least five things I'm grateful for each night. It's been wonderful. I certainly see a change. I was such a negative person."

Decide to be thankful, grateful, and encourage one another to cultivate grateful hearts. And. . . also remember that God is thankful for YOU!

(Women of Faith Devotions/Barbara Johnson)



Dear Self

Your Birthmonth

Jan - Through the hardship
 Feb - Whenever you feel helpless
 Mar - Whenever you feel troubled
 Apr - When you're having a hard time
 May - Even if it feels tiring
 Jun - Through the challenging times



July - If you are struggling
 Aug - In times of giving up
 Sept - When things get overwhelming
 Oct - Everytime you're feeling down
 Nov - Whenever it seems hopeless
 Dec - If things don't go your way

Last Digit of Your Phone Number

1 - Always remember that
 2 - Stand strong still because
 3 - Do not lose hope for

4 - Be reminded that
 5 - Let hope arise
 6 - Hold onto your faith

7 - Keep in mind that
 8 - Be hopeful because
 9 - Do not forget that
 0 - Keep your head high because

1st Letter of Your Last Name

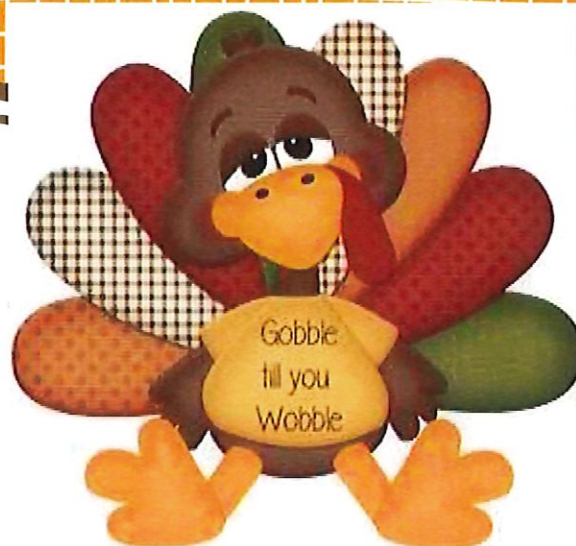
A - Life will get better before you know it
 B - The help you need is now on it's way
 C - You'll be in a better situation in no time
 D - Everything will fall into place soon
 E - You are not alone in this battle
 F - Toubh times don't last, tough people do
 G - In time, you'll receive everything you need
 H - Good things take time, trust the process
 I - The sun will always shine after the rain
 J - The miracle you're waiting for will happen
 K - Your prayers will be answered
 L - Your greatest day is yet to come
 M - Eventually, you'll end up where you need to be



N - You're alive for a reason
 O - All your hard work will pay off soon
 P - God woke you up with a purpose today
 Q - You are going to do great things in life
 R - Life may be tough, but so are you
 S - You have many beautiful reasons to live
 T - Hard times teach the best lessons in life
 U - There is a solution to your every problem
 V - What's coming is better that what has passed
 W - God hears you, just be patient
 X - You are made to triumph in life, so keep going
 Y - Everything you've been through will mold you
 Z - Life is more than your current situation

THANKSGIVING

Finish My Phrase



(Let's see if you can "FINISH THESE PHRASES" with the words or phrases (can be more than 1 word) that Nancy Land used. Fill in the line, then you can look on the back of the page for the answers to these phrases that she wrote down to see if yours matches. . . NO CHEATING!)

Apple
Turkey
Giblet
Gobble
Home
Thanksgiving
Sweet
Cranberry
Bobbing
Wild
Fun
Yeast
Drum
Pecan
Center
Football

Happy
Give
Grateful
Family
Be
Black
Left
Pumpkin
Cyber
Home
Corn
Mashed
Wish
Cornbread
Table
Baked



ANSWERS TO THANKSGIVING *Finish My Phrase*



(Let's see if you can "FINISH THESE PHRASES" with the words or phrases (can be more than 1 word) that Nancy Land used. Fill in the line, then you can look on the back of the page for the answers to these phrases that she wrote down to see if yours matches. . . NO CHEATING!)

Apple	<u>Pie</u>	Happy	<u>Thanksgiving</u>
Turkey	<u>Leg</u>	Give	<u>Thanks</u>
Giblet	<u>Gravy</u>	Grateful	<u>Hearts</u>
Gobble	<u>Gobble</u>	Family	<u>Time</u>
Home	<u>Sweet Home</u>	Be	<u>Kind</u>
Thanksgiving	<u>Parade</u>	Black	<u>Friday</u>
Sweet	<u>Potatoes</u>	Left	<u>Overs</u>
Cranberry	<u>Sauce</u>	Pumpkin	<u>Pie</u>
Bobbing	<u>For Apples</u>	Cyber	<u>Monday</u>
Wild	<u>Turkey</u>	Thankful	<u>Beyond Words</u>
Fun	<u>Time</u>	Corn	<u>Bread</u>
Yeast	<u>Rolls</u>	Mashed	<u>Potatoes</u>
Drum	<u>Stick</u>	Wish	<u>Bone</u>
Pecan	<u>Pie</u>	Cornbread	<u>Dressing</u>
Center	<u>Piece</u>	Table	<u>Cloth</u>
Football	<u>Game</u>	Baked	<u>Ham</u>

TOTAL: _____





If you plan on traveling, tie a small piece of bright colored fabric to your luggage. You'll be able to spot your bag in no time at the airport.

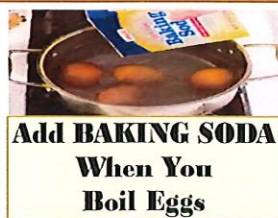
Looking Good. . .

PUMPKIN. . . it's the superfood of the season: 1/2 cup of pumpkin supplies 100% of your daily vitamin A and 10% of vitamin C needs. And 1 oz. of roasted pumpkin seeds delivers 3 grams of protein, 1 gram of iron, & 23% of all the magnesium you need in a day.

So Go ahead and eat that Thanksgiving pie: A recent review of studies found that certain spices -- including cinnamon, cloves and ginger -- may be able to inhibit the body's production of compounds that accelerate wrinkles, sagging and other signs of skin aging.



Keep a card like this in your wallet, in a highly visible place. It could save your life someday.



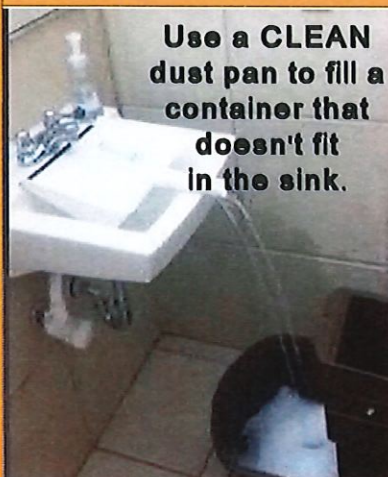
Add 1 teaspoon of baking soda when you boil eggs. It'll make the shell come off effortlessly.



I have been doing this and it really works! Give it a try next time you need to boil eggs to peel.



(From Better Homes & Garden, Food Network, & Good Housekeeping Magazines)



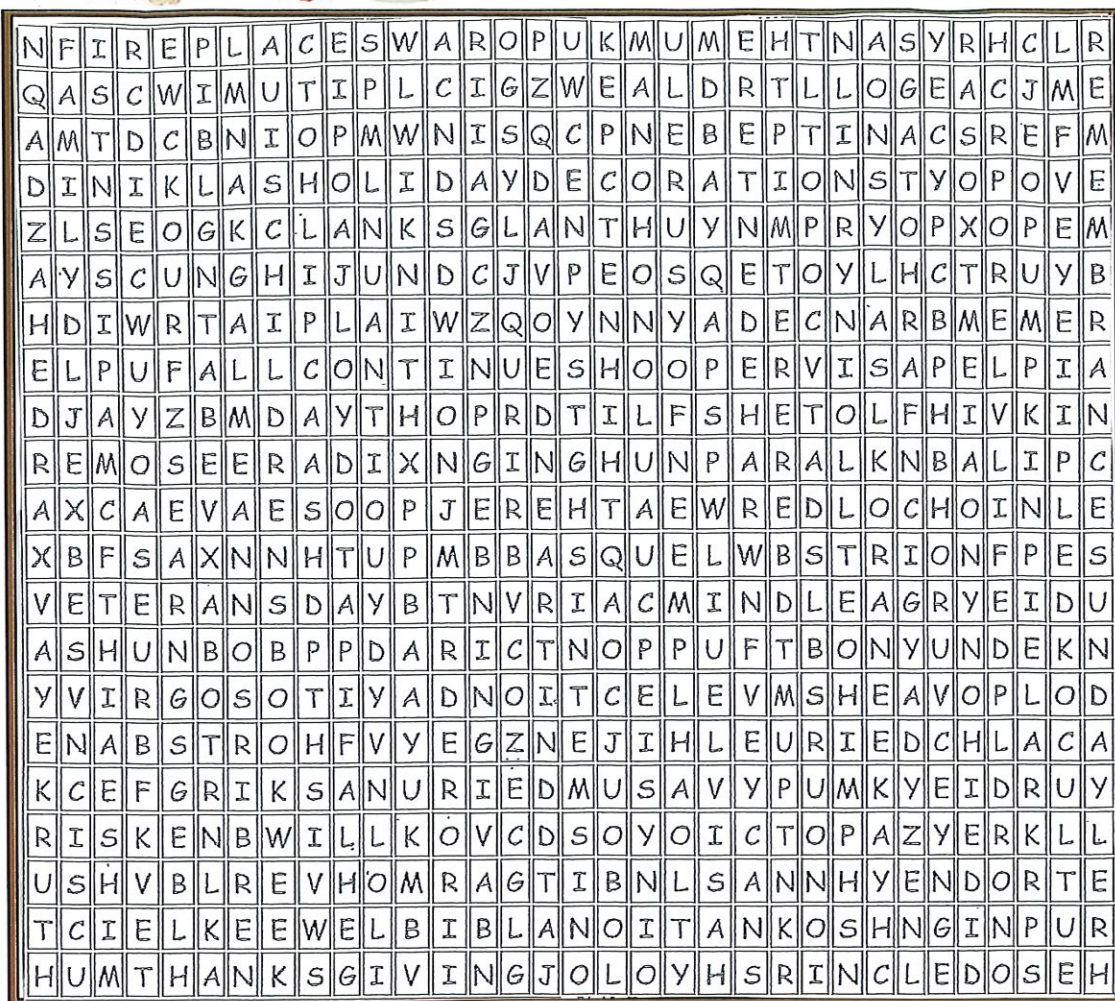
Use a "bread tab" to hold your spot on a roll of tape. You can also use a "paper clip".

GO WITH GRATITUDE. . . Experts say giving thanks actually increases happiness. "Gratitude is the antidote to negative emotions & taking things for granted." It makes you feel more positive about life in general & affirms the goodness in life, ourselves and others, which paves the road to a happier mindset. Here are a few tips to get you started:

- **WRITE LETTERS:** A note of thanks will boost both your and the recipient's mood & help you realize this is something that provides JOY.
- **FALL ASLEEP HAPPY:** As you drift off each night, think about 3 things you appreciate, such as an important person, highlights of the day, or something you have to look forward to.
- **FOCUS ON LITTLE THINGS:** We tend to get caught up in the major areas of life, but expressing thanks for sunshine after a rainy day or a kind person at the grocery store can easily restore a strong sense of gratitude.



November



Veterans Day
National Adoption Month
Topaz
November
Football
Thanksgiving
Fall Continues
Election Day
Children's Book Week
Colder Weather
Chrysanthemum
Remembrance Day
National Bible Week
Hurricane Season Ends
Fireplace
Pumpkin Pie
Holiday Decorations
Turkey
Family

HOLIDAYS & SPECIAL DAYS IN NOVEMBER:

- 1 - Cinnamon Day
- 2 - Deviled Egg Day (I call them Angel Eggs)
Men Make Dinner Day (Yippee! Honey get the grill ready!)
- 3 - Nat'l Homemaker Day
Sandwich Day
- 4 - Check Your Blood Pressure Day
Use Your Common Sense Day
Book Lovers Day
- 5 - Daylight Savings Time ends at 2am (For those States who change time.. We DON'T in Arizona)
- 6 - Nat'l Nacho Day
- 7 - Chocolate with Almonds Day (Sounds like an "ALMOND JOY" day to me!)
- 9 - Chaos Never Dies Day (You've got that right!)
- 10 - Forget-Me-Not Day
Young Readers Day
USMC Day (Marine Corps was created on Nov. 10, 1775)
- 11 - Veteran's Day (Previously Armistice Day celebrated in 1921)
Our Daughter & Son-By-Love (Becky & Justin's) 17th Wedding Anniversary ❤️



- 12 - Chicken Soup for the Soul Day
- 13 - Caregiver Appreciation Day
World Kindness Day
- 14 - World Diabetes Day
Nat'l Pickle Day
- 15 - Clean Your Refrigerator Day
- 16 - Nat'l Fast Food Day
(began in Britain 1860)
- 17 - Electronic Greeting Card Day
Homemade Bread Day
Take a Hike Day
- 19 - Our Daughter, Rebecca Anne Eaton's 37th Birthday (11/19/86)
It's Okay to Have a 'Bad Day' Day
- 22 - Go For A Ride Day
- 23 - HAPPY THANKSGIVING (Began in 1863)
Eat a Cranberry Day
National Cashew Day
- 24 - 'Black Friday' (Let the sale's begin!)
- 27 - Cyber Monday
- 28 - French Toast Day (Began in 17th Century)
- 30 - Stay At Home Because You Are Well Day!

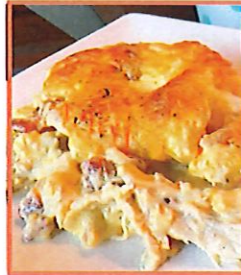




Tasty Thanksgiving Leftover Recipes

TURKEY BUBBLE BISCUIT BAKE CASSEROLE

- 3 cups Cooked Chopped Turkey (or you can use chicken)
- 2 cans Cream of Chicken Soup
- 1-1/2 cups Sour Cream
- 1 cup Cheddar Cheese (grated)
- 2 Tbsp. Dry Ranch Dressing Mix
- 1/4 cup Cooked Bacon (chopped)
- 1 (12 oz.) can refrigerator Grands Jr. Biscuits
- 1 additional cup Cheddar Cheese (grated) for top of casserole



1. Preheat oven to 350 degrees. Lightly spray a 9"x13" baking pan with PAM. Set aside.
2. Combine chopped turkey (or chicken), soup, sour cream, 1 cup grated cheese, Ranch dry dressing mix, & bacon. Mix well.
3. Cut each biscuit into 4 pieces. Toss with turkey mixture.
4. Pour turkey mixture into prepared pan. Top with remaining cup of grated cheese. Bake for 25-35 minutes, until bubbly & biscuits are golden brown.

(Pinterest.com)

DID YOU KNOW??? You can eat LEFTOVER turkey for 3-4 days. After that throw everything out.

You can also FREEZE cooked turkey meat and it can be stored in freezer for 2-3 months. (The sooner you freeze after cooking, the better.)

BBQ TURKEY CRANBERRY ROLLS

- 3 cups shredded or chopped cooked turkey
- 1/2 cup BBQ sauce
- 1 cup cranberry sauce
- Sub rolls, onion rolls or hoagie rolls



1. Mix together the BBQ sauce & Cranberry Sauce, then heat on stovetop or in the microwave until warm. Stir in the cooked turkey & heat again until it's all nice & hot. Serve on rolls.

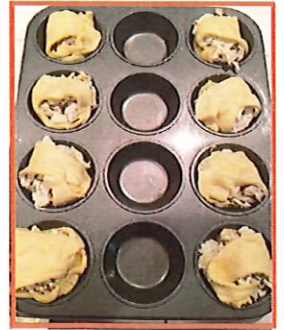
(Pinterest.com)

BEST LEFTOVER TURKEY CRESCENT ROLLS

(This recipe makes 8 crescents is great for a lunch instead of having a sandwich. If you want to make more, double recipe)

- 2 cups Leftover Turkey (cut into small pieces)
- 1/2 cup Mayonnaise (or more if you want it more moist)
- 1 cup Swiss or Mozzarella Cheese (shredded)
- 1 pkg. Crescent Rolls in the can
- 1 tsp. Dill (optional)
- Salt & Pepper to taste

(You can also use diced dried cranberries & walnuts)



1. Spray PAM into muffin tin.
2. Push large side of crescent triangle into bottom of each muffin tin.
3. Mix leftover turkey & all other ingredients together. . . then spoon into each muffin tin hole.
4. Fold small piece of crescent triangle over the top of turkey mixture.
5. Bake as directed on crescent roll container, or until lightly browned on top.

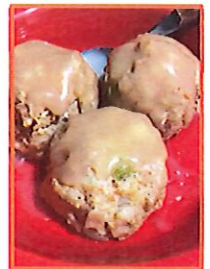
(Pinterest.com)

A SAFE WAY TO THAW YOUR TURKEY. . .
Thaw the bird in the fridge 1 day for every 3-1/2 to 4 lbs. . . OR . . . submerge it in a sink of cold water, changing water every 30 minutes allowing 6-8 hours for a 12-16 lb. turkey.



LEFTOVER TURKEY STUFFING BALLS

- 2 cups Mashed Potatoes
- 2 cups Stuffing or Dressing
- 1 cup Shredded Cooked Turkey
- 1/2 cup Grated Cheese (your choice)
- 1 Egg (beaten)
- 1/4 cup Bread Crumbs
- 1/4 tsp. Salt
- 1/8 tsp. Black Pepper



1. Preheat oven to 375 degrees. In a large bowl, combine mashed potatoes, stuffing, turkey, cheese, egg, bread crumbs, salt, & pepper. Mix well.
2. Form the mixture into 1-inch balls. Place the balls on a baking sheet lined with parchment paper. Bake at 375 degrees for 15-20 minutes, or until golden brown.
3. Serve with hot turkey gravy or cranberry sauce.

(Pinterest.com)



MONKEY BREAD MUFFINS

2 cans country-style biscuits
1/2 cup white sugar
1 Tbsp. ground cinnamon
1/2 cup butter (melted)

GLAZE:

3/4 cup powdered sugar
2 Tbsp. milk

1. Preheat oven to 350 degrees. Spray a muffin tin with PAM. (Spray really well so they don't stick.)
2. In medium bowl, mix together cinnamon & sugar. Set it aside.
3. Take biscuit dough out of the can & cut each biscuit into 6 smaller pieces. Once cut, toss gently in the cinnamon sugar mix until completely coated.
4. Press pieces of the cinnamon sugar-coated dough into the sprayed muffin tin. Be careful not to overfill as the biscuits will rise significantly.
5. Next, add the melted butter to the remaining cinnamon sugar mixture & stir to combine well. Once mixed, spoon 2 to 3 Tbsp. of the mixture onto each muffin (being careful not to overfill).
6. Bake muffins for 20 minutes or until they are cooked through.
7. FOR ICING: Mix together sugar & milk and when the muffins are done & COOLED, drizzle the icing over muffins.

(NOTE: Place foil or a cookie sheet at the bottom of your oven to catch any boilover of the sugar/cinnamon mixture so you don't end up with a mess at the bottom of your oven.)



(Pinterest.com)

EASY PEACH CAKE

1 large can sliced peaches (drained & mashed). You can use 2 regular cans of peaches also)
2 cups all-purpose flour
2 cups sugar
2 tsp. baking soda



(Pinterest.com)

1. PREHEAT OVEN TO 350 DEGREES. Drain peaches & empty into a large bowl. Use your hands to mash peaches or you can use a pastry blender/cutter.
2. Add flour, sugar, & baking soda and mix well.
3. Spray a 9"x13" baking pan with PAM. Pour in batter. Bake in 350 degree oven for 35 minutes.

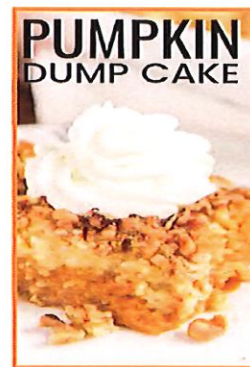
ICING:

3/4 cup sugar
3/4 can evaporated milk
1 stick butter or margarine
1 cup coconut (use a little more if you choose)
1 cup walnuts or pecans (chopped)

1. Boil sugar, evaporated milk, butter, & coconut in pan on top of stove until it thickens.
2. Remove from heat and stir in nuts. Spread on cooled cake.

PUMPKIN DUMP CAKE

1 can (30 oz.) pumpkin puree
1 (12 oz.) can evaporated milk
4 large eggs
1-1/2 cup granulated sugar
2 tsp. ground cinnamon
2 tsp. pumpkin pie spice
1 box yellow cake mix
1 cup salted butter
1 cup chopped walnuts or pecans
(whipped cream or ice cream for serving)

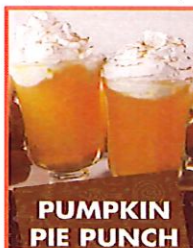


(Pinterest.com)

1. Preheat oven to 350 degrees.
2. Mix together pumpkin, milk, eggs, sugar, & spices then pour in a 9"x13" baking dish.
3. Evenly sprinkle dry cake mix over top of the pumpkin puree mixture.
4. Melt butter & pour over the cake mix. . . OR . . . cut the butter into thin slices & evenly distribute to cover the top of the cake with them.
5. Spread the nuts evenly over top of the cake. Then bake for 1 hour at 350 degrees.
6. Serve warm with ice cream or whipped cream, & a dash of pumpkin spice.

THANKSGIVING PUMPKIN PIE PUNCH (Pinterest.com)

1/2 gallon cold apple cider
1 (15 oz.) can pumpkin
12 oz. cream soda
1 tsp. pumpkin pie spice
Apple slices for garnish
Whipped cream for topping each glass



In large pitcher stir cider & pumpkin well using a large whisk. Stir in cream soda, & pumpkin pie spice. Add apple slices into pitcher & keep in fridge until ready to serve. Serve cold & top with whipped cream. ENJOY!

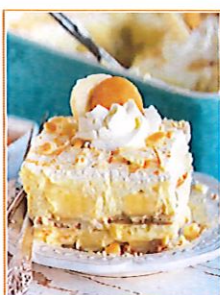


Sweet Tastes of Thanksgiving

BEST EVER BANANA PUDDING (Made the night before)

(My Honey LOVES Banana Pudding. This recipe is so good and puts a big SMILE on his face! It is over-the-top DELICIOUS! I hope you'll give it a try.)

- 1 (5-1/4 oz.) Pkg. Instant Vanilla Pudding
- 2 Cups Milk
- 1 (8 oz.) Container Sour Cream
- 1 (14 oz.) Can Sweetened Condensed Milk
- 1 (12 oz.) Box Vanilla Wafers
- 5-6 Bananas
- Cool Whip or Whipped Cream for topping



(Pinterest.com)

1. Mix vanilla pudding with 2 cups milk until blended.
2. Mix in sour cream & sweetened condensed milk.
3. Fold in Cool Whip
4. In a (9"x13") dish, layer 1/2 of the following: . . . vanilla wafers, sliced bananas, & pudding mixture. THEN REPEAT LAYERS WITH THE OTHER HALF. COVER & refrigerate overnight.
5. Top with Cool Whip or Whipped Cream.



COPYCAT CHOCOLATE CHIP NOTHING BUNDT CAKE

- 1 pkg. Devil's Food Cake Mix
- 1 pkg. (3.9 oz.) Instant Chocolate Pudding Mix
- 1 cup Sour Cream
- 1/2 cup Canola OR Vegetable oil
- 1/2 cup Water
- 4 large Eggs (room temp.)
- 3 tsp. Vanilla Extract
- 1 cup Semisweet Chocolate Chips



(Taste of Home)

FROSTING:

- 1 pkg. (8 oz.) Cream Cheese (softened)
- 1/4 cup Butter (softened)
- 1-1/2 tsp. Vanilla Extract
- 3 cups Powdered Sugar

1. Preheat oven to 350 degrees. Grease bundt pan well by plopping a generous amount of shortening onto a paper towel & wipe the interior of the pan. Then sprinkle flour over the pan, & tap away the excess.
2. In mixer bowl, combine cake mix, instant pudding mix, sour cream, oil, water, eggs, & vanilla. Beat on LOW SPEED for 30 seconds, then beat on MEDIUM SPEED for 2 minutes.
3. Fold in chocolate chips & distribute them throughout the batter.
4. Pour batter into your prepared Bundt pan. Bake at 350 degrees until a toothpick inserted near the center comes out clean (about 35-40 min.). Let cake cool in pan for 10 minutes, then remove cake to a plate. Let cool COMPLETELY before frosting.

FROSTING:

1. In large bowl beat cream cheese, butter, & vanilla until smooth. Gradually beat in powdered sugar.
2. You can spread frosting across the top of the cake, OR to get that "Nothing Bundt Cake" signature look. . . use a piping bag to pipe frosting in thick stripes down the cake.



COPYCAT CARAMEL FRAPPE'S

- 2 cups ice
- 1 cup brewed black coffee (cooled)
- 1 cup low-fat milk
- 1/3 cup caramel sauce or ice cream topping (plus more for garnish top)
- 3 Tbsp. sugar
- Whipped Cream

1. Blend ice, coffee, milk, caramel sauce, & sugar in blender at high speed until smooth (about 30-60 seconds).
2. Divide mixture between 2 (16-oz.) glasses.
3. Top with whipped cream & drizzle with additional caramel sauce.

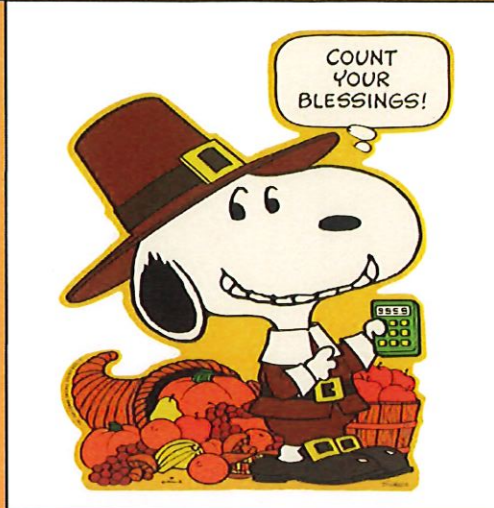
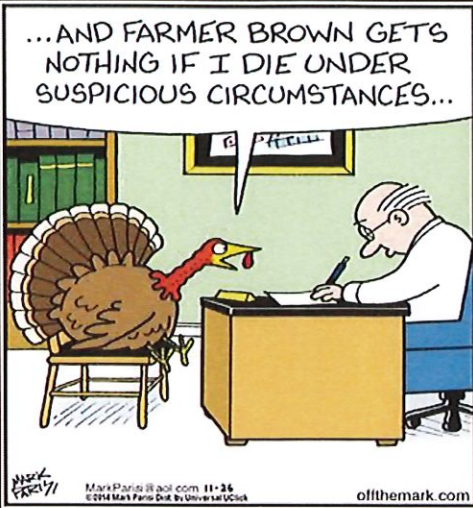
FOR MOCHA FRAPPE'S:

(Replace caramel sauce with CHOCOLATE SYRUP or CHOCOLATE ICE CREAM TOPPING. Blend as directed, then top with whipped cream & drizzle with additional chocolate syrup.)



(AllRecipes.com)

November Laughter...



A merry heart doeth good like a medicine, but a broken spirit drieth the bones. Proverbs 17:22

