

## God Gives the Ten Commandments

(Exodus 20:1-17)

**“Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.”**

(Proverbs 3:5-6)

## God guides us...because he loves us.

How many rules are *you* supposed to follow?

There are rules at home. And school. And for playing games and sports. Even rules at church!

Some rules keep you and others safe. Some help you know how to get along with people. And some rules—the Ten Commandments—help you live in a way that pleases God.

God’s rules are always given out of love—so you and God can have a closer friendship. That’s the heart of God’s rules: to guide you in becoming a better friend with God.

But following God’s rules isn’t always easy. None of us are perfect, and sometimes we mess up and choose our way instead of God’s way. That’s why we need Jesus—we *all* do.

Here’s the good news. You’re not in this alone. Your friend Jesus will help you choose to obey God’s rules. You don’t have to earn Jesus’ love—it’s always right there for you.

### Talk-Starters

**Tell about a rule you wish didn’t exist. Why don’t you like that rule? What might happen if it went away?**

### Try This @ Home

Without complaining, ask a parent to explain a family rule to you. Why is it a rule? What does following it do for you and your family? Thank your parent for caring enough about you to guide you with rules.

# RULES

**Make beds,  
homework before  
TV, & p.m. bedtime.**



### Explore More @ Home

You’re not obeying alone! Jesus promised his friends that the Holy Spirit would help them obey his commandments. See John 14:15-17.



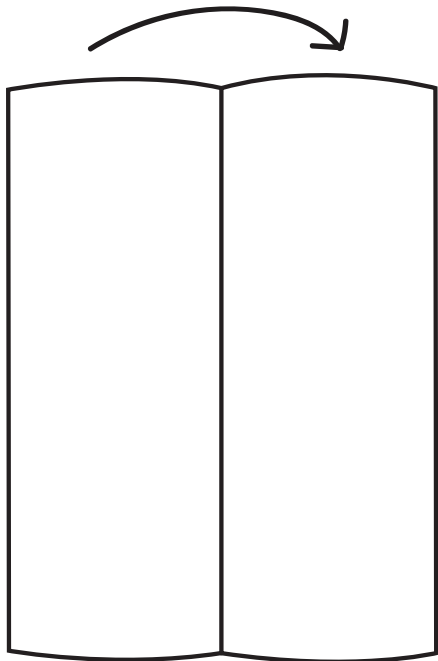
# Make this page fly home!

Fold a flyer. When you get home

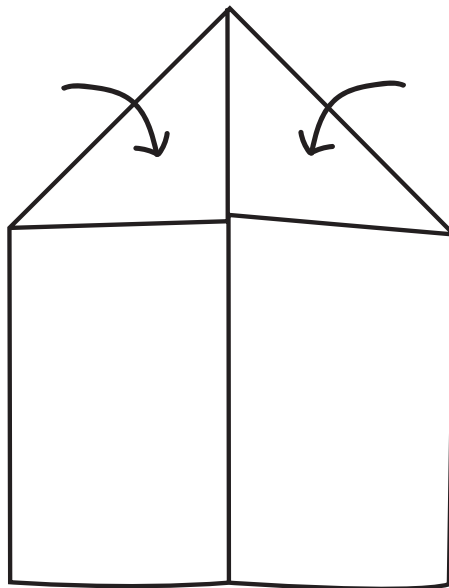
...ask a parent to hold up a dollar bill. See how many tries it takes for your plane to hit the bill!

## Here's how:

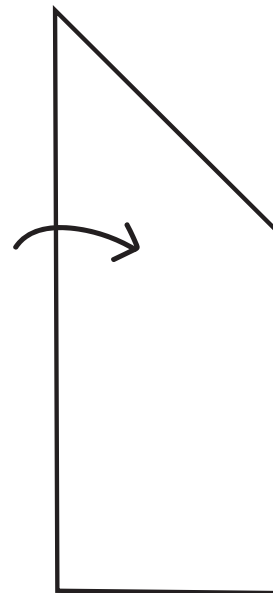
- 1** Fold the paper in half lengthwise as shown.



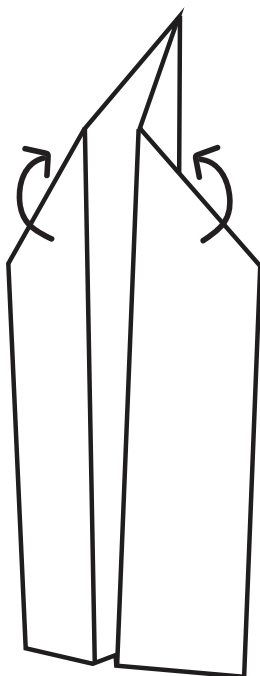
- 2** Unfold, and then fold the top two corners to the center line to create flaps.



- 3** Once again, fold the paper in half.



- 4** Fold the edges down to meet the bottom of the airplane body.



- 5** Take aim, and let it fly!

