Options for Women
pregnancy help clinic
Helping women make an informed choice

# Facts for Life

## From the Executive Director

It is hard to believe another year has come and gone, but we feel so incredibly blessed as we share all that has happened with Options for Women in the last year.

First and foremost, I would like to offer heartfelt thanks to every person who donated in order to make our dream of purchasing the lot on South Florida Avenue a reality. Thanks to so many generous donations, we will soon be serving patients using a mobile medical unit right next door to the abortion clinic. We continue to be humbled and amazed by the incredible generosity of our beautiful community!

We are also happy to report that our nurses are now offering additional STI testing. We began by expanding to HIV testing, but have now also added syphilis testing. We offer these free tests at our clinics, as well as at local college campuses, to both women and men.

We have been blessed with incredible staff who constantly are pushing to do more for our patients. I am humbled by how hard they work for our patients each and every day. Our volunteers work hard to help us do the myriad day-to-day tasks required to keep our clinic running, and we are so thankful for their dedication. We also have a board who has the utmost faith and trust in us, and for that I am forever grateful.

God is faithful. We are amazed and blessed by all he has entrusted us with. We know when God opens a door, he supplies all of our needs, and for that, we give God thanks.

Together for life,
Marilyn Paul

## 2018 numbers at a glance:

* We served 482 patients
* 369 positive pregnancy tests
* 315 STD tests
***304 lives saved**

## Thank you!!

We are so thankful to everyone who helped us purchase the property on South Florida Avenue. Watch for information on a ribbon cutting ceremony in an e-newsletter soon!

## Patient Stories

"Lexi came into our office in the spring of 2019. When Lexi told her boyfriend that she was pregnant, he told her he did not want to see her anymore and would not be a part of the baby's life.

Despite Lexie's difficult situation she decided to keep the baby and continue to get support from Options for Women. The ultrasound was instrumental in the decision to keep the baby. We were then able to guide her toward Medicaid and WIC for the healthy pregnancy she desired. We were able to find a safe place for Lexi to stay during her pregnancy. The place she is staying will help her fulfill life goals, give support after she has the baby and also help her with her spiritual life.

Lexi was so happy and thankful that Options for Women was here to help her through a very difficult time. We are thankful for the opportunity to help women change their fear in to confidence."

"Sarah came to us at Options For Women for pregnancy confirmation. She is a 19-year-old, dedicated college athlete who had unprotected sex with a friend and found herself pregnant. She stated that she was in denial for a long time about the pregnancy. The ultrasound showed that she was approximately 11 weeks pregnant. Sarah stated that she was 'surprised' at how big the baby was and how much the baby was moving.

Prior to the ultrasound, Sarah stated that she tried to contact the father of the baby and he wasn't responding. She stated that she was planning to have an abortion and had the support of her father and best friend with that decision. Being a college athlete, she was concerned that she would lose her scholarship. She was a no show for her follow-up appointment.

When we called Sarah for her 4 week follow-up , she stated that she had a change of heart and had decided to parent. She was taking summer classes and was planning to speak to someone at the college about her scholarship. Sarah stated that she felt more comfortable with her decision to parent.

This is just one example of the many stories that we encounter every day in Bartow at Options For Women. We feel very blessed to be able to help our patients through difficult times."

## Thank You To Our Volunteers!

Our volunteers play a crucial role in helping us provide our services to women in our community. From helping out behind the scenes, to working as advocates and nurses, our volunteers are amazing!

**We are so thankful for Vitamin Angels, a non-profit providing vitamins to women and children around the world. Because of their work, we are able to provide prenatal vitamins to our patients to ensure healthy pregnancies. We were blessed that they chose Options for Women as a location to film for their website. A group from California came to our clinic to highlight the work we do.**

**We are so thankful to everyone who supported us with baby bottle campaigns this year. Cooper emptied his piggy bank for us!**

## Steps to Sexual Integrity Success

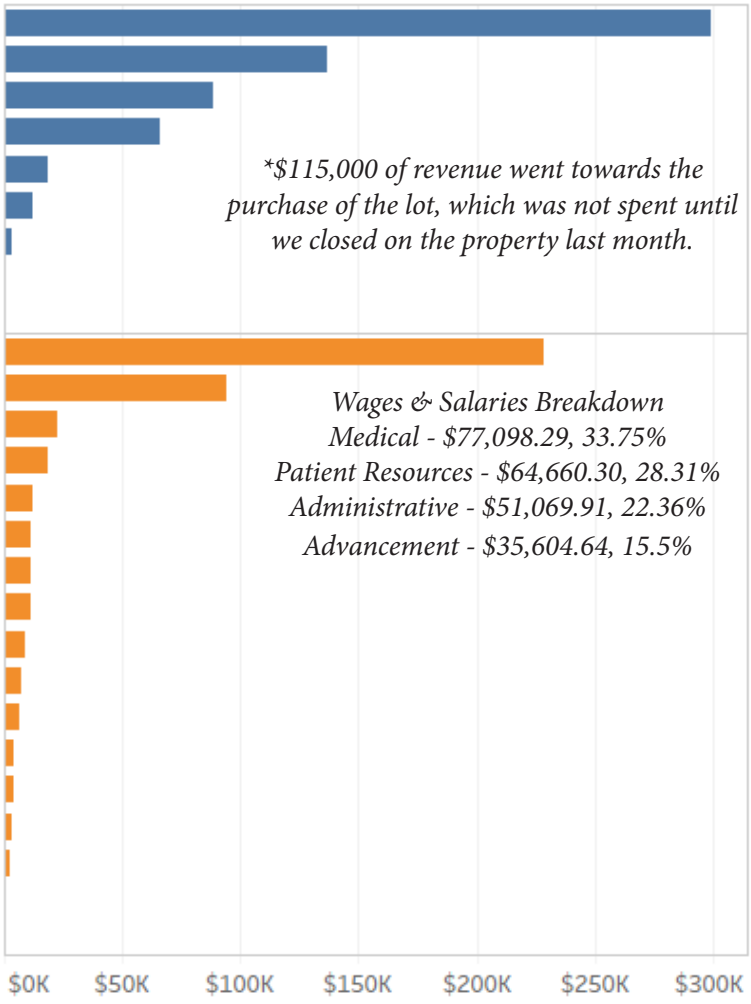
A lot of exiting things have and continue to happen in our class. This year so far we have served:

* The New Life Center * Farm Workers Ministry right along with Peace River * Lighthouse Ministries
* A group of homeless women at the Re-purpose Art Studio * Individual participants on one-on-one classes
* We have started the process to be able to serve our women's jail located in the city of Bartow and we hope to have very good news once we start!

As we continue to serve our current participants, God stretches us by giving us new tools and vision for the future. We are exited to share about the project we are working on at the moment. We are preparing a Bible based curriculum that has all the knowledge from our program connected to the wisdom we can only find in the Word of God. This new curriculum has already been used with 2 ladies from church and they have benefited from it tremendously. It is our hope that this curriculum will open the doors to serve our local churches whom we already have beautiful connections with and strengthen our congregations and community as we share about the very relevant subject of sexuality God's way, shinning the light of truth where normally darkness sows lies. As always we thank God for every opportunity to serve those He loves by sharing truth in love.

# 2018 Financials

| | | Amount | % of Total |
|---|---|---|---|
| Revenue | Individuals | $299,513 | 47.99% |
| | Businesses | $136,709 | 21.91% |
| | In Kind | $88,660 | 14.21% |
| | Foundations | $65,593 | 10.51% |
| | Grant | $18,334 | 2.94% |
| | Churches | $11,943 | 1.91% |
| | Organizations | $2,828 | 0.45% |
| | Other Income | $515 | 0.08% |
| | Total | $624,095 | 100.00% |
| Expenses | Wages & Salaries | $228,433 | 51.20% |
| | Advertising | $93,919 | 21.05% |
| | Patient Resources | $22,443 | 5.03% |
| | Taxes - Payroll | $18,218 | 4.08% |
| | Insurance | $11,817 | 2.65% |
| | Advancement Department | $11,411 | 2.56% |
| | Mortgage Principal & Interest | $11,372 | 2.55% |
| | Office Expense | $11,354 | 2.54% |
| | Medical Clinic Expense | $8,701 | 1.95% |
| | Annual Dinner Expense | $7,189 | 1.61% |
| | Telephone/Cell Phone | $6,296 | 1.41% |
| | Utilities | $4,121 | 0.92% |
| | Repairs & Maintenance | $3,763 | 0.84% |
| | Licenses & Fees | $2,954 | 0.66% |
| | Credit Card Processing Charges | $2,272 | 0.51% |
| | Legal & Accounting | $1,150 | 0.26% |
| | Other Expenses | $750 | 0.17% |
| | Total | $446,160 | 100.00% |




We are so grateful to everyone who supports us through financial donations, and we work incredibly hard to be excellent stewards of every dollar we receive. All of the services we provide our patients are FREE of charge, including our community STD testing and Steps to Sexual Integrity course. If you have any questions about our financials, contact Emily Massarella at emm@optionsforwomenphc.com.

## Thank You To Our Sponsors

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## Thank You To Our Grantors

**The George W. Jenkins Fund within the GiveWell Community Foundation** provided us with a generous grant to expand our STD testing. We are so grateful for their continued support of our mission!

We are also very grateful to other foundations and businesses whose support has helped us further our mission:
Hazel Crosby Carlton Foundation
Bartow Community Healthcare Foundation
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## Thank you to the Life Choice Society Members

*Through their 5 year pledges, we create a strong foundation for the women we serve.*

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