

# 21-Day Fast Guide

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JANUARY 9-29, 2023



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21 days of corporate  
fasting and prayer,  
dedicating this year to  
the Lord and making  
room for Him.



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# 21-DAY FAST

JANUARY 9-29

## WHAT IS FASTING?

Fasting is intentionally abstaining from food for spiritual purposes. It is humbling your soul.

Fasting brings you into a deeper, more intimate relationship with God as you seek His divine will. Prayer that accompanies fasting is rich and powerful, drawing you closer to Him.

Psalms 35:13, Matthew 23:12



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# 21-DAY FAST

JANUARY 9-29

## WHY DO WE FAST?

We fast in order to draw close to God, seek answers from Him, pray for others, and experience breakthrough in difficult situations.

Ezra 8:21+23, Ezekiel 22:30, Isaiah 58:6-8





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JANUARY 9

# 1 OUTPOURING

Today, we are praying for a mighty outpouring of the Holy Spirit on all CCFI churches and locations. We declare that our churches will fan the flame and that the fire of God will fall on us.

Joel 2:28, Acts 2:17



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JANUARY 10

# 2 ENCOUNTER

Today, we are praying for our children to encounter God and be filled with the Holy Spirit. We declare that our children will rise up and prophesy and will live and walk by the Spirit.

Joel 2:28, Acts 2:17



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JANUARY 11

# 3 REVIVAL

Today, we are praying for global revival. We declare and decree a fresh move of God to sweep over the nations all around the globe with a mighty revival of salvations, healings, and deliverance!

Habakkuk 3:2



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JANUARY 12

# 4 AWAKENING

Today, we are praying for another Great Awakening! We declare that a great awakening will sweep the earth, bringing a profound sense of conviction and repentance.

Romans 13:11, Ephesians 5:14





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JANUARY 13

# 5 OVERFLOW

Today, we are praying for an overflow of hope! We declare that hope will arise among the body of Christ, especially for all those who are downcast. We agree with Scripture that "hope will not disappoint!"

Romans 15:13



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JANUARY 14

# 6 ENDURANCE

Today, we are praying for great supernatural endurance. We declare that the people of God will not grow weary or give up in the face of trials and tribulations. They will wait upon the Lord who will renew their strength. They will be "firm to the end."

1 Corinthians 1:4-9



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JANUARY 15

# 7 AUTHORITY

Today, we are praying for all those who are in authority over us, both spiritual and civil. We declare that our leaders will hear from Almighty God about matters concerning those they lead, and that they will receive wisdom and walk in holiness. We declare there will be peace in the world.

1 Timothy 2:1-2

