

BIBLE STUDY HOMEWORK ASSIGNMENT

GLORIFYING GOD THROUGH OUR WORDS

Weekly Theme: “My Words Will Glorify God!”

Key Scripture: Colossians 4:6 (NKJV)

“Let your speech always be with grace, seasoned with salt, that you may know how you ought to answer each one.”

OUR WEEKLY COMMITMENT

This week, I will intentionally surrender my words to God. I will seek to speak truthfully, replace complaining with gratitude, refuse gossip, and use my words to love and lift others. I will remember that my words are a reflection of my heart and a testimony of my relationship with Jesus Christ.

My prayer: Lord, guard my mouth, guide my thoughts, govern my attitude, and glorify Yourself through my words. In Jesus’ name, Amen.

DAY 1 —

THE TRUTH CHALLENGE: NO LIES, ONLY TRUTH

Scripture: Ephesians 4:25 (NKJV)

“Therefore, putting away lying, ‘Let each one of you speak truth with his neighbor,’ for we are members of one another.”

Today's Assignment:

For this entire day, commit to telling the truth in every conversation. Do not lie, exaggerate, mislead, make excuses, or intentionally leave someone with a false impression. Be honest in your words, promises, explanations, and responses.

Remember: Telling the truth does not mean being rude or unnecessarily hurtful. Speak the truth with love and wisdom. If you do not know something, admit that you do not know. If you make a mistake, acknowledge it.

Today's Mantra:

“I will speak the truth in love because I serve the God of truth.”

Today's Meditation:

Reflect on Proverbs 12:22. God delights in truthful speech. Consider how dishonesty damages trust and how truthfulness strengthens relationships. Ask God to reveal any areas where you have become comfortable with little lies, half-truths, or excuses.

End-of-Day Reflection:

1. Did I tell the truth in every situation today?
2. Was there a moment when telling the truth was uncomfortable?

3. Did I speak the truth with both honesty and love?

4. What did I learn about my character today?

Prayer: Lord, give me the courage to tell the truth even when it costs me something. Help me to be trustworthy in both small and great matters. Amen.

DAY 2 —

THE NO-COMPLAINING CHALLENGE: CHOOSE GRATITUDE

Scripture: Philippians 2:14 (NKJV)

“Do all things without complaining and disputing.”

Today's Assignment:

For this entire day, do not complain, grumble, or constantly criticize. When something goes wrong, resist the urge to immediately express negativity. Instead, look for an opportunity to pray, give thanks, offer a constructive solution, or respond with patience. This does not mean ignoring genuine problems, injustice, pain, or legitimate concerns. Address them respectfully and constructively rather than allowing complaining to control your attitude.

Every time you feel tempted to complain, pause and identify one thing for which you can thank God.

Today's Mantra:

“I will replace complaining with gratitude and negativity with faith.”

Today's Meditation:

Reflect on 1 Thessalonians 5:18. Gratitude does not mean that everything in life is good; it means that God remains worthy of our trust even in difficult circumstances. Consider how your attitude influences the people around you.

End-of-Day Reflection:

1. What situations tempted me to complain today?
2. Was I able to replace a complaint with gratitude or a constructive response?
3. How did my attitude affect the people around me?
4. What blessing did I notice that I might otherwise have overlooked?

Prayer: Father, forgive me for taking Your blessings for granted. Teach me to maintain a grateful heart, even when circumstances are difficult. Amen.

DAY 3 —

THE NO-GOSSIP CHALLENGE: PROTECT OTHERS WITH YOUR WORDS

Scripture: Proverbs 16:28 (NKJV)

“A perverse man sows strife, And a whisperer separates the best of friends.”

Today's Assignment:

For this entire day, do not gossip, spread rumors, share embarrassing personal information, or speak negatively about someone who is not present to respond.

When a conversation turns toward gossip, choose one of these responses:

- Change the subject.
- Say something positive or fair about the person.
- Explain respectfully that you do not want to participate in talking negatively about someone who is absent.
- If a genuine concern must be addressed, speak privately with the appropriate person and seek a constructive resolution.

Remember: Not every conversation about an absent person is gossip. Seeking wise counsel, reporting abuse, protecting someone from harm, and addressing legitimate concerns can be appropriate when done truthfully and responsibly.

Today's Mantra:

“I will not use my tongue to tear down what God desires to build up.”

Today's Meditation:

Reflect on Ephesians 4:29. Ask yourself whether your words help people grow or create division. Consider how you would feel if someone repeated your private struggles or discussed your weaknesses behind your back.

End-of-Day Reflection:

1. Did I speak negatively about anyone who was absent?
2. Did I listen to or encourage gossip without contributing to it?
3. How did I respond when a conversation became negative?
4. What can I do to become a person who protects trust and promotes unity?

Prayer: Lord, set a guard over my mouth. Help me resist gossip, reject slander, and use my words to promote peace, truth, and reconciliation. Amen.

DAY 4 —

THE LOVE AND LIFT CHALLENGE: SPEAK LIFE INTO OTHERS

Scripture: Ephesians 4:29 (NKJV)

“Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.”

Today's Assignment:

Intentionally use your words to love, encourage, appreciate, affirm, and lift others. Make it

your goal to bless at least five people today with sincere and specific words of encouragement.

Your five acts of encouragement might include:

1. Thanking someone for something they have done.
2. Encouraging someone who is discouraged.
3. Telling a family member why you appreciate them.
4. Affirming someone's character, effort, or progress.
5. Sharing a Scripture or a word of hope with someone who needs it.

Be sincere. Do not flatter people merely to gain favor. Speak words that are truthful, personal, timely, and encouraging.

Today's Mantra:

"My words will carry love, give hope, build faith, and lift others."

Today's Meditation:

Reflect on Proverbs 16:24. Consider how a kind word at the right moment can strengthen someone's heart. Ask God to help you see people not merely for their struggles, but also for their potential, gifts, and value.

End-of-Day Reflection:

1. Whom did I encourage today?
2. Did I offer sincere encouragement without expecting anything in return?
3. How did people respond to my words?
4. Who might need continued encouragement from me this week?

Prayer: Jesus, help me to see people through Your eyes. Make my words a source of healing, encouragement, hope, and love. Amen.

DAY 5 —

THE SELF-CONTROL CHALLENGE: SPEAK WITH GRACE

Scripture: James 1:19 (NKJV)

"So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath."

Today's Assignment:

Practice pausing before you speak, especially when you feel angry, frustrated, offended, or misunderstood. Listen carefully before responding. Do not allow your emotions to dictate your vocabulary, volume, or tone.

Before responding to a difficult situation, pause and ask:

- Is it true?

- Is it necessary?
- Is it loving?
- Is this the right time and tone?

If you speak harshly, take responsibility and apologize promptly.

Today's Mantra:

"I will be slow to speak, quick to listen, and careful with every word."

Today's Meditation:

Reflect on Proverbs 15:1. A gentle answer can turn away wrath. Think about a recent disagreement. What could have changed if you had listened longer, spoken more gently, or waited until your emotions settled?

End-of-Day Reflection:

1. When was I tempted to respond in anger?
2. Did I listen to understand or merely prepare my response?
3. Did my tone communicate Christlike patience?
4. Is there anyone to whom I need to apologize?

Prayer: Holy Spirit, develop self-control in me. Help me respond with wisdom instead of reacting in anger. May my words demonstrate the character of Christ. Amen.

END-OF-WEEK PERSONAL EVALUATION

Rate yourself honestly. This is an opportunity for spiritual growth, not a competition.

- I practiced truthfulness and avoided deception.
- I replaced complaining with gratitude and constructive responses.
- I refused to participate in gossip or unnecessary negative talk.
- I intentionally encouraged and lifted others.
- I practiced listening, gentleness, and self-control.
- I shared hope and demonstrated Christlike love.
- I prayed for God to transform my heart and speech.

My biggest lesson this week:

The speech habit I most need God's help to change:

My commitment for the coming week:

My closing declaration:

"I am a disciple of Jesus Christ. By the help of the Holy Spirit, I will speak truth, practice gratitude, refuse gossip, encourage others, and glorify God through my words. My mouth will not be an instrument of destruction but a vessel of grace, truth, love, and life. To God be the glory!"

Final Scripture: 1 Corinthians 10:31 — "Therefore, whether you eat or drink, or whatever you do, do all to the glory of God."

NOTES

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

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