First Rising Mt. Zion Baptist Church

602 N Street, NW, Washington, D.C. 20001

Church Telephone: (202) 289-4480 Church Website: www.firstrising.org

Rev. Oran W. Young, Pastor

Digital Resource Center – October 2025

Resource	Description
Birth Certificates	May have funds available to assist with obtaining identification documents:
and Identification	Salvation Army Social Service Office - 202-332-5000
Cards	1434 Harvard St. NW Suite B
	Walk-in office hours: Thursdays 9am-11:45am (first 5 people only, depending
	on funds available)
	Foundry United Methodist Church - 202-332-4010, 1500 16th St. NW
	Fridays and 1st and 3rd Saturday of the month 9am-12pm
	Chevy Chase Presbyterian Church - Transitional Assistance Programs –
	202-301-4817, 1 Chevy Chase Circle, NW across from L2 bus station. Open
	Tuesday, Wednesday, Friday from 9 a.m-11:30a.m. first 15 clients
	(recommend 8:30 arrival)
Birth Certificates	The DHS No-Fee Birth Certificate Program, in partnership with the DC Department of Health, is designed to reduce the
for persons	barrier to obtaining a birth certificate for District-born residents who have or are experiencing homelessness.
experiencing	
homelessness	https://dhs.dc.gov/service/no-fee-birth-certificate-program
Burial Assistance	What does the Burial Assistance Program provide?
	lettre. //dles de gen/engies/leugiel escietares
	https://dhs.dc.gov/service/burial-assistance
	The Burial Assistance Program provides a maximum of \$1,000.00 towards the cost of a burial or \$650.00 towards the cost of a cremation. Assistance is provided if the deceased is determined eligible and the total cost of the burial or cremation is no more than \$2,000.00. The total cost of a burial for a deceased person requiring an oversized casket cannot exceed \$3,000.00. Burial Assistance payments are made directly to the contract funeral home selected by the decedent's next of kin.
	Details of eligibility, funeral homes under contract, where and ways to apply, and where to get additional information: Call the ESA Burial Assistance Unit at (202) 698-4112 or (202) 698-6662

Resource	Description
Business:	www.techstars.com
Techstars	A business accelerator for startup businesses
	In each three-month program, we help entrepreneurs find product-market fit, get traction, and access capital and mentorship. Small class sizes and a world-class network is a proven model that's better for founders. Explore programs and start your application today.
Case Management - DC	Friendship Place - 202-364-1419, 4713 Wisconsin Ave NW Mondays: 8:30am-11:30am and 1pm-4pm Tuesdays: Appointments Only Wednesdays/Thursdays: 8:30am-11:30am and 1pm-3pm Fridays: closed
	Miriam's Kitchen - 202-452-8926 (leave a message) 2401 Virginia Ave. NW, (24th & G St., NW Basement) Western Presbyterian Church
	(Men Only) Father McKenna Center, Inc 202-842-1112, 900 N. Capitol St. NW
	<u>Salvation Army</u> - 202-332-5000, 1434 Harvard St. NW, Suite B
	<u>Thrive DC</u> - 202-737-9311 case management for returning citizens (men and women) and for employment services
	St. Stephen's Episcopal Church, 1525 Newton St., NW, Suite G1

Resource	Description
Case Management – DC	The Department of Aging and Community Living's (DACL) Case Management team helps clients identify their needs, set mutually agreeable goals, develop a plan of action to reach those goals, and provide connection to long-term services and supports.
	Eligibility criteria are as follows:
	Client is a DC resident. Client is age 18-59 and has a disability, or client is 60 years of age or older. Client needs assistance with resolving issues that are impacting their quality of life and their ability to function well in their community. Client needs assistance with application/renewal of public benefits or other programs and does not have case management services through another entity. Client or their legal guardian must consent to services.
	Website: https://dacl.dc.gov/service/case-management 500 K Street, NE, Washington, DC 20002
	Phone: (202) 724-5626
Clothing	First Rising Mt. Zion Baptist Church Coat and Sweater Ministry
	Provides coats, sweaters, shoes, and clothes for adults and children.
	Telephone Number 202-289-4480

Resource	Description
Collaboratives - DC	Collaboratives offer a range of prevention/family support services across the District, focusing on the needs of the neighborhoods.
	Collaborative Solutions for Communities, Wards 1&2 - 202-518-6737 3333 14th Street NW, Suite 200, (Monday – Friday: 9am - 5pm)
	Georgia Avenue Family Support Collaborative, Ward 3 202-722-1815 4420 Georgia Ave NW, (Monday – Friday: 9am – 5:30pm)
	Edgewood/Brookland Family Support Collaborative, Wards 5&6 -202-832-9400 (Monday – Friday: 8:30am – 5:30pm) 601 Edgewood Street, NE. Suite 25
	East River Family Strengthening Collaborative, Ward 7 - 202-397-7300 3917 Minnesota Avenue, NE, (Monday – Friday: 8:30am – 5:00pm)
	Far Southeast Family Strengthening Collaborative, Ward 8 - 202-889-1425 2041 Martin Luther King Jr Ave., SE, Suite 304 (Monday – Thursday 9am-8pm, Friday 9am-5:30pm)
DC Departments	Department of Behavioral Health- 1-888-793-4357 (1-888-7WEHELP)
	Comprehensive Psychiatric Emergency Program (CPEP) – 202-673-9319
	DC Department of Behavioral Health Substance Abuse/DetoxHelp - 202-727-8473
	(Leave a message from Mon-Fri 7am-6pm, and someone will call you back)
	DC Crime Victim Hotline - Domestic violence assistance – 844-443-5732
Employment:	Here are the steps to get information for the DCIA job initiative.
DCIA/Good Success Initiative	I. DCIA
Success initiative	II. Information Session
	A. Go to: https://www.eventbrite.com/e/dc-infrastructure-academy-virtual-orientation-session-registration-
	<u>148252871329</u> .
	Sign up for one of the Virtual Information/Orientation Sessions a. They are on Tuesdays and Thursdays
	2. If applying online, you will be asked how you learned for the job. Answer:
	Source: Agency
	Sub source: Good Success

Resource	Description
Employment – DC	Mayor Marion S. Barry Summer Youth Employment Program
Summer Youth Employment	Applications are now open for young people in the District between the ages of 14 and 24. 2025 Application Deadline is May 31, 2025.
	Program Overview: https://summerjobs.dc.gov/
Employment: Labor Agreement	Council Passes Pilot Project Labor Agreement Legislation
Legislation in P.G.	The Prince George's Council, during the Council session on Tuesday, February 14, voted 9-1 to support CB-004-2023, legislation establishing a Pilot Project Labor Agreement (PLA) targeting Prince George's County Department of Public Works and Transportation (DPW&T) Curb and Road Rehabilitation 2 construction projects that create entry-level construction jobs for residents that are both necessary and desirable.
	District 8 Council Member Edward P. Burroughs III, the proposer of the measure, noted the critical need to hire and train local construction workers, providing opportunities for residents to acquire lifelong skills and earn family-supporting wages https://pgsuite.com/news/2023/2/16/pilot-project-labor-agreement-legislation-passes
Employment: Project Hire (PG)	Project HIRE is an apprenticeship program that provides individuals with developmental and/or intellectual disabilities between the ages of 18 and 25 a meaningful paid job training experience with a Prince George's County Government agency.
	Program participants must be associated with a supportive Employment Provider Agency.
	 Prince George's County resident with an intellectual or developmental disability 18 to 25 years of age
	Available to work Monday through Friday for a maximum of 8 hours
	Interested residents should contact their support Employment Provider Agency and complete the application here .
Employment	The American Job Center – Largo 1801 McCormick Drive, Suite 120, Largo, MD 20774 301-618-8425
	https://pgcajc.com/
	The Prince George's County American Job Center Community Network is a collective of American Job Centers, community-based organizations, government agencies and faith-based organizations providing a full range of services connecting job seekers to training and employment opportunities in Washington Metropolitan Area.
	community-based organizations, government agencies and faith-based organizations providing a full range of services

Resource	Description
Employment: SOME	https://some.org/services/education-workforce-development/career-training/
Center for	
Employment	71 O Street NW
Services	Washington, DC 20001
	202.797.8806
	some@some.org
	1. Age 18 or older, DC resident
	A. No GED or HS diploma required
	B. Students with criminal history are welcome
	C. State issued ID, Social Security Card, a birth CERTIFICATE TB test results, pass a drug test
	2. Go to services
	3. Go to Education & Workforce Development
	A. Free, hands-on training for the Healthcare and Building Trades Fields
	B. It takes 6 to 9 months to complete and leads to industry certification
	C. Includes externship with one of our Employer Partners
	D. Other services: housing, Healthcare
	Look for Apply Today at the bottom of the screen
	A. Healthcare Program: Medical Administrative Assistant and Medical Assistant
	B. Building Trades Program: Building Maintenance services Technician - plumbing, carpentry, electrical and
	HVAC, HVAC - learn to maintain and repair heating and cooling systems
	5. Students will take a CASAS test - basic math, reading and grammar
	6. Other services: housing, Healthcare, IDs,
Employment: The	Reverend L. Frazier White
Training Source	Has a employment training and retention program Called The Training Source
	It is an eight-week training program
	They have an information session every Wednesday at 1:00 PM
	There is an intake person to talk to
	They are looking for referrals for the program
	Reverend White's contact information is PASTORLFWITE at pastorlfwhite@gmail.com
	and 202-297-9867,
	Their website is <u>www.Thetrainingsource.Org</u>

Resource	Description
Employment - DC	DOES/D.C. Dept. of Employment Services - 202-724-7000
	4058 Minnesota Ave., NE, <u>www.does.dc.gov</u>
	<u>Jubilee Jobs</u> - 202-667-8970, 2712 Ontario Rd., NW
	202-758-3710, 2419 Minnesota Ave., SE
	https://www.jubileejobs.org/
	SOME (So Others Might Eat) Center for Employment Training –
	https://some.org/services/education-workforce-development/career-training/
	202-765- 2598 4430 Benning Road, NE
	Walk-ins accepted Monday – Friday: 8:30am-12:00pm
	JHP/ Jobs Have Priority - Homeless Employment Assistance Center
	425 2nd Street NW, 202-393-7117 http://www.jobshavepriority.org/
Federal	Social Security Benefits - 1-800-772-1213, www.ssa.gov
Departments	Food Stamps/TANF/Medicaid - (645 H. St. NE) 202-727-5355
	dhs.dc.gov
	Veterans Benefits -1-800-827-1000 www.va.gov
	Homeless Veterans Health Care – 1-877-424-3838
	(1-877-4AID-VET)
	DC Nonprofits
	Deaf Survivors of Domestic Violence - hotline@deafdawn.org
	(Mon–Fri 9:00am– 5:00pm)
	DC Rape Crisis Center - 202-333-7273
	TI DO O I I I I ODT O " 000 000 0045
	The DC Center for the LGBT Community - 202-682-2245
	2000 14th St., NW, Suite 105,
	Free cell phone: SafeLink -1-800-723-3546

Resource	Description
Financial Advisor	Bankers Life Securities, Inc.
	Bankers Life Advisory Services, Inc.
	18310 Montgomery Vlg Ave #620
	Gaithersburg, MD 20879
	Website: www.BankersLife.com
	Insurance Producer – Joseph Bataille
	Direct: 240-720-3124
	Cell: 240-869-8958
	Email: joseph.bataille@bankerslife.com
	Bankers Life Securities and Banks Life Advisory Services focuses on the securities and investment needs of middle-income Americans who are near or in retirement. They offer investment solutions and personable financial advisors meet with you to review your total financial picture and understand your goals.

Resource	Description
Food – District of	First Rising Mt. Zion Baptist Church Helping Hands Food Ministry
Columbia	Provide food distribution of non-perishable items. Call 202-289-4480
	Martha's Table - 202-328-6608, 2114 14th St., NW, Mini Market 11 am-3pm, everyday
	McKenna's Wagon (Every day) (Martha's Table Mobile Food Truck) 2nd & H Streets, NW (5:30-6:00pm), 15th & K Streets, NW (6:00-6:30pm) Pennsylvania Ave, NW & 19th St., NW (5:20-5:45pm)
	<u>SOME (So Others Might Eat)</u> - 202-797-8806 71 "O" St., NW (Everyday, 7-8:30am & 11:00am-1pm)
	Thrive DC - 202-737-9311 (Monday-Friday) 1525 Newton St., NW- St Stephen's Church Basement, Suite G1 Breakfast: Everyone - 8:30am-11am Dinner: Women and Children - 2pm- 5pm
	Miriam's Kitchen (Western Presbyterian Church) - 202-452-8926 2401 Virginia Ave., (24th & G St., NW Basement) Breakfast: Monday-Friday 6:30-8:00am Dinner: Monday-Friday 4:45-5:45pm
	Capital Area Food bank - 202-644-9800, 4900 Puerto Rico Ave, NE. Every month they host several direct distributions out in the community at community centers and schools within DC check website for more info: www.capitalareafoodbank.org/programs-2/
	DC Hunger Solutions- 202-640-1088, 1200 18th Street NW, Suite 400
	The Child and Adult Care Food Program – DPR.DC.GOV Serving Breakfast, Lunch and Snack Meals Monday to Friday for Youth 18 and Under. No application or ID required. Breakfast – 8 AM to 9 AM; Lunch 12:00 PM to 1:00 PM; Snack = 3:30 to 4:30 PM • Douglass Community Center – 1922 Frederick Douglas Ct., SE 20020 – Ward 8 • Ferebee-Hope Recreation Center – 700 Yuma St SE 20032 – Ward 8 • King-Greenleaf Recreation Center – 202 N Street SW 20011 – Ward 6

Resource	Description
Food - Prince	See link for upcoming grocery giveaways
George's County	https://docs.google.com/document/d/1vpJhnprY3Now8sLsqHvxGW8NDfKMKQtrFt FQSz8SEs/edit
Food (Seniors) – Prince George's County	Senior Nutrition Program Locations – 301-265-8475 Meals on Wheels
County	https://www.princegeorgescountymd.gov/departments-offices/family-services/older-adult-services/nutrition-services
	Senior County residents may receive free transportation to strategically located group sites for a nutritional lunch and companionship. Senior residents who are homebound, and cannot attend a nutrition site, may be eligible to have meals delivered to their residence. Any person 60 years of age or older may be eligible, as is a spouse of any age when accompanying the age-eligible spouse. The hours of operation are: Monday through Friday, 10 a.m 2 p.m. at sites throughout the County. Transportation is also provided for the Foster Grandparents Program. For more information, or to enroll in these and other senior programs, please call 301-699-2696.
Furniture: A Wider Circle Furniture Distribution	https://awidercircle.org/get-help/furniture/ For more information and to book an appointment, please give us a call at 301-608-3504.
Diotribution	janet@awidercircle.org
	Receives furniture from multiple hotel chains and businesses, then they give the furniture away.
Health Insurance: DC Health Link	https://www.dchealthlink.com/
	Customer Service: (855) 532-5465
	Mon-Fri 8am-8pm
Help	https://www.findhelp.org/
	Find free or reduced-cost resources like food, housing, financial assistance, health care, and more.

Resource	Description
Hospice: Capital	www.capitalcaring.org
Caring Hospice	800-737-2508
	Why We Exist: To ensure all patients and their families – regardless of race, ethnicity, or sexual orientation – are provided with advanced illness care of the highest quality, and that there is diversity, equity, inclusion and belonging, and cultural competence in staff caring for them.
	We believe that knowledge empowers and drives change. Therefore, to dismantle the attitudes, misinformation, systems, policies, and ineffective programs – often barriers to receiving quality hospice and palliative care – we partner with faith-based leaders and community organizations, educational institutions, and government agencies to provide:
	 Information and Resources Education and Outreach Training Grief Counseling Services
	Our Mission: Provide Patients and their Families with Advanced Illness Care of the Highest Quality
	Our Vision: Be the Best Provider of Advanced Illness Care and the Best Place to Work in Healthcare
	Our Values
	 Put Patients and Families First Always Do The Right Thing
	3. Respect Everyone
Housing:	Department of Housing and Community Development
Department of	www.dbod.do.gov
Housing and Community	www.dhcd.dc.gov
Development (DHCD)	Single Family Residential Rehabilitation Program (SFRRP) - https://dhcd.dc.gov/SFRRP
(BIIOB)	Up to \$202,000 for first time homebuyers
	 Up to \$20,000 in grants for roof repair or replacement Up to \$30,000 in grants for accessibility home repairs
	 Up to \$30,000 in grants for accessibility home repairs The DHCD Housing Resource Center is among the resources that help residents find affordable homes in the District.

Resource	Description
Housing - DC	Housing search website: http://www.dchousingsearch.org/index.html
	D.C. Housing Authority - 202-535-1000, only for those already on
	waitlist 1133 North Capitol St., NE, <u>www.dchousing.org</u>
	Emergency Rental Assistance Program (ERAP)
	Catholic Charities - 202-338-3100
	Salvation Army - 202-332-5000 202-678-9771
	Housing Counseling Services - 202-667-7006
	Community Partnership for Prevention of Homelessness: Virginia Williams
	Family Resource Center - 202- 312-5510
	UPO – 202-562-3800
	Greater Washington Urban League - 202-265-8200
Housing:	Emergency Solution Grants Program
Emergency	The Freezeway Calution Create Draman is necessarile belonformilies and individuals main attended to an initial section.
Solution Grants	The <u>Emergency Solution Grants Program</u> is meant to help families and individuals going through a crisis. Its primary function is to assist people in regaining permanent housing and stability after a financial crisis. This program uses the
	HUD Fair Market Rent determination to issue grants given to urban metropolitan cities and states to support
	emergency shelter, homelessness prevention, and related services.
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Housing: First Time	What is the Maryland Mortgage Program?
Homebuyers	https://mmp.maryland.gov/Pages/default.aspx
	The Maryland Mortgage Program (MMP) provides 30-year fixed-rate home loans to eligible homebuyers purchasing in
	Maryland. Loan terms are competitive with other home loan products on the market, but what makes MMP unique is
	the range of associated financial incentives and other assistance that, for many homebuyers, means the difference
	between being able to purchase and continuing to rent. MMP down payment assistance can only be obtained with an MMP first mortgage; it is not a standalone option.
	WINT III SET THOLEGAGE, ICES HOLEA STATIVATORIE OPTION.
	Find certified real estate agents and approved lenders on their website.
	This continue real colate agente and approved fortable of their website.

Resource	Description
Income:	The Prince George's County Council, during session on Tuesday, April 4, 2023, unanimously passed CR-018-
Guaranteed Basic	2023. The measure, proposed by District 7 Council Member Krystal Oriadha, creates a Guaranteed Basic Income Pilot
Income Pilot	Program tailored to the needs and resources in the County in conjunction with aid from the Greater Washington
Program (PG)	Community Foundation. The Basic Income Pilot Program is modeled after the Stockton Economic Empowerment
	Demonstration (SEED) program in Stockton, California. Under the measure, low-income families would be given
	direct cash assistance to support their basic needs, such as food and utilities, without strings attached or repayment
	requirements. Residents selected to participate in the program will receive monthly cash stipends for 24 months to
	ensure the financial security of families, reduce debt, and increase financial equity.
Job Centers -	Maryland's American Job Centers - Division of Workforce Development and Adult Learning
Maryland	
Job Fairs	https://labor.maryland.gov/employment/jobfairs.shtml
Laundry (Call First)	Thrive DC - Sign up Fridays for following week
	202-737-9311, 1525 Newton St., NW, Suite G 1 inside St. Stephen's Episcopal Church
	Dathany Maman's Contar/N Street Village (Maman Only)
	Bethany Women's Center/N Street Village (Women Only) - 202 020 2076 1222 N St. NW. Welsome accessors Man Fri 0:15 AM. (Need to be there for one week to qualify.)
	202-939-2076, 1333 N St., NW. Welcome sessions Mon-Fri 9:15 AM. (Need to be there for one week to qualify
	for laundry).
	(Men Only) Father McKenna Center, Inc
	202-842-1112, 900 N. Capitol St. NW 8 a.m10 a.m. first 6 clients each day are served.
Legal	Justis Connection - https://www.justisconnection.com/
	We're connecting people to obtain justice by connecting you to top Black lawyers in DC, Maryland and Virginia to meet
	your particular legal needs. Our mission is to educate and empower people of color in the legal system as we believe a
	better-informed person is better equipped to proactively engage the legal system and obtain justice.

Resource	Description
Legal Assistance	Bread for the City - 202-265-2400 1525 7th Street NW, DC 20001 8:30 a.m. – 4 p.m. for legal assistance, call for appointment
	D.C. Bar Pro Bono Center's Legal Information Help Line - 202-626-3499 x3
	Legal Aid Society of DC - 202-628-1161 Main office: 1331 H Street, NW Suite 350 Washington D.C. 20005 Initial interview hours: Mondays 12:30 p.m6:00 p.m.; Thursdays 12:30 p.m. to 4:00 p.m.
	<u>University Legal Services</u> - 202-547-4747; 202-678-1267; 202-581-0600 220 I St NE, Suite 130 (Mon-Fri 9 a.m-5 p.m.)
	Washington Legal Clinic for the Homeless 202-328-5500 (Call for locations and times for intakes)
	Community Family Life Services 1-833-888-0434 – legal@cflsdc.org – 305 E Street, NW, Washington, DC 20001 Free legal help for reentry and justice-involved women
Legal Counsel –	Website: www.aarp.org/lce
Elderly	Legal Hotline: 202-434-2120
	Legal Counsel for the Elderly 601 E Street, NW
	Washington, DC 20049
	Legal Counsel for the Elderly has championed the dignity and rights of Washington, D.C. elders by providing free legal and social work services to those in need. Their work addresses the most important aspects of an older adult's life, including housing, economic security, self-determination, and health and safety.

Resource	Description
Life Enhancement Services	Website: https://www.lesgroup.info/communityeventsandpartnershipswashingtondc
	1301 L'Enfant Square SE Washington, DC 20020
	Telephone: 202-269-2401
	Email: info@lesdc.org
	Monday - Friday 9:00 AM to 6:00 PM
Medicare – Senior Medicare Patrol	Website: https://smpresource.org/
	Senior Medicare Patrols (SMPs) empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse.
	Nationwide Toll-Free 877-808-2468
MPD 3rd District Pastoral Coalition Advisory Committee	Thomas Bowen He spoke and confirmed the Mayor's commitment to support this alliance between the police and the pastors and ministry leaders in an effort to be proactive, as well as re-active to the crime in and on our streets. Terry Lynch
	Make sure the lights are working
	Commander
	Ex offenders
	Early childhood education Comprehensive plan
	Comprehensive planCollaboration
	Proactive
	Prayer
	Outdoor Services
	Website: https://www.3dcac.org/3d-cac-pastoral-clergy-coalition/

Resource	Description
Medical Program – Transportation (P.G. County, Maryland)	County seniors and residents with disabilities may receive transportation throughout the County for medical purposes, especially dialysis. Residents may call 301-499-8603 up to 7 days in advance to schedule routine medical appointments. For those seeking on-going or permanent transportation for medical purposes, such as dialysis treatment, please request this service in writing and send it to: Prince George's County Office of Transportation Attention: Transit Division 9400 Peppercorn Place Suite 320
Rental Assistance (DC)	Largo, MD 20774 https://erap.dhs.dc.gov/FAQs - Closed for FY 2025. Check again in FY 2026 - October 1, 2025. Q: What is the Emergency Rental Assistance Program?
	A: The Emergency Rental Assistance Program (ERAP) helps District residents earning less than 40% of the Area Median Income (AMI) who are facing housing emergencies, by providing funding for overdue rent including late fees and court costs if qualified household is facing eviction. The program also supports security deposits and the first month's rent for residents moving into new apartments. The amount paid on behalf of eligible households depends on a household's income and available resources and is subject to certain limitations.
Respite Care – PG County, Maryland	Respite care is the provision of short-term, temporary relief to those who are caring for family members who might otherwise require permanent placement in a facility outside the home. This service provides respite care services to caregivers who are caring for a physically, mentally, or emotionally disabled loved one. https://www.princegeorgescountymd.gov/DocumentCenter/View/26740/2019-Respite-Care-Application
Returning Citizens: Viapath Technologies	https://www.viapath.com/ ViaPath Technologies has a straight forward mission – to help break the cycle of incarceration through transformative technology and services for incarcerated individuals, their support network, correctional agencies, and returning citizens.

Resource	Description
Security: Axiom	202-845-1868
Security	Security company that is hiring, including re-entry persons.
Senior Call Check	https://aging.maryland.gov/Pages/senior-call-check.aspx OR 1-866-50-CHECK (1-(866)-502-0560)
Program - Maryland	
	A free daily call to check on Maryland residents 65 and older
Seniors - District of	Department of Aging and Community Living - Services dacl (dc.gov)
Columbia	Find information on Benefits Assistance, Caregiver Programs, Legal Assistance, Nutrition (Dining sites, Homedelivered meals, and nutrition counseling), Senior Centers, Transportation, and more.
Shelter	Shelter Hotline & Hypothermia
	When it is cold outside, please remember that you can request free transportation to shelter for yourself or someone else by calling the Shelter Hotline at (202) 399-7093 or by dialing 311.
	https://dhs.dc.gov/service/emergency-shelter
	Family Shelter Virginia Williams Family Resource Center (Family Central Intake) - 920-A Rhode Island Avenue, NE, Mon-Thurs (Except Holidays): 8:30am-4pm, Friday 8:30am- 12pm After 4pm Mon-Thurs & after 12pm Fridays & on weekends, holidays and during hypothermia alerts, call Shelter Hotline: 202-526-0017, help available 24 hours a day.
	https://community-partnership.org/i-need-help/virginia-williams-family-resource-center-family-central-intake/
	Senior Shelter SOME (So Others Might Eat) Kuehner Place for Abused and Neglected Elderly - ages 60 & up, 202-797-8806, ext. 1311 https://community-partnership.org/i-need-help/some-so-others-might-eat-kuehner-place-for-abused-and-neglected-elderly/

Resource	Description
Substance Abuse	Substance Abuse Stabilization Center We opened the District's first Stabilization Center, which provides immediate 24-7 care in a safe environment for people with substance use disorder. • The new facility at 35 K Street NE • It offers emergency intervention, typically lasting 24-72 hours. • Services are free for individuals 18 and older, with no insurance or residency requirements. All services are voluntary. Website: https://dbh.dc.gov/service/dc-stabilization-center
Tax Return Preparation Assistance – District of Columbia	Resources and Credits available to DC residents - https://disb.dc.gov/freetaxprepresources • Federal Earned Income Tax Credit (Federal EITC) • DC's Earned Income Tax Credit (DC EITC) • District of Columbia Keep Child Care Affordable Tax Credit • Disabled or Senior Citizen Property Tax Relief • DC Free Tax Preparation Locations and Financial Assistance
Tax Return Preparation Assistance - IRS	The IRS's Volunteer Income Tax Assistance (VITA) and Tax Counseling for the Elderly (TCE) programs offer free basic tax return preparation to qualified individuals. The VITA program has operated for over 50 years. VITA sites offer free tax help to people who need assistance in preparing their own tax returns, including: People who generally make \$67,000 or less Persons with disabilities; and Limited English-speaking taxpayers In addition to VITA, the TCE program offers free tax help, particularly for those who are 60 years of age and older, specializing in questions about pensions and retirement-related issues unique to seniors. https://www.irs.gov/individuals/free-tax-return-preparation-for-qualifying-taxpayers

Resource	Description
Transportation - DC	Fare Share – 202-906-9460 116 Quincy Street
	Chevy Chase, MD. Provides MetroCards to Veterans
	Reduced Bus Fare for the Disabled - 202-962-2700, 600 5th St. NW
	Friendship Place – This agency may have tokens. Call first.
	202-364-1419, 4713 Wisconsin Ave., NW
	Mondays: 8:30- 11:30 am and 1 pm-4 pm
	Tuesdays: Appointments Only
	Wednesdays/Thursdays 8:30-11:30 am and 1pm-3pm
	Fridays: closed
	Miriam's Kitchen (Western Presbyterian Church) - 202-452-8926
	2401 Virginia Ave., (24th & G St., NW Basement) Providing MetroCards to the homeless around D.C.
	Providing Metro-Cards to the nomeless around D.C.
	(Men Only) Father McKenna Center, Inc This agency may have tokens.
	Call first. 202-842-1112, 900 N. Capitol St. NW
Transportation -	Call-A-Cab is a transportation assistance program that provides mobility at a reduced cost for County seniors (age
Seniors - PG	60+) and/or County persons with disabilities. This program allows eligible residents to purchase coupon books that can
County, Maryland	be used to pay for rides with participating cab companies when Metrobus, Metrorail, and/or Call-A-Bus are not
	available. County Senior and/or persons with disabilities may purchase up to fourteen \$20 coupon books in a six-
	month period at \$10 per book. Learn more about Call-A-Cab <u>here</u>
	Website: https://www.princegeorgescountymd.gov/sites/default/files/media-document/Blank%20Call-A-
	Cab%20Application.pdf
	Cab 70207 (ppilodilott.pdf
	Program Information: 301-883-5656
Unemployment	Unemployment Insurance (UI)
Insurance -	
Maryland	
Utility Assistance	The Office of Home Energy Programs (OHEP) provides bill assistance to low-income households in Maryland to make
Program in PG	their energy costs more affordable and to help with the prevention of loss and the restoration of home energy service.
County, Maryland	Visit myohepstatus.org,
	visit <u>inyonepstatus.org,</u>
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Resource	Description
Vaccines:	Offers free vaccines - https://www.instagram.com/fivemedicine/
FiveMedicine	
Water Bill	The Water Fund - https://www.wsscwater.com/waterfund
Assistance: WSSC Water Fund – PG County and Montgomery County, Maryland	Need help paying your water/sewer bill? The Water Fund was established in 1994 by WSSC Water employees to help residential customers in financial need pay their WSSC Water bill. Eligible customers can access the Water Fund multiple times, up to \$500 per year. The program is administered by The Salvation Army and funded by generous donations from WSSC Water customers, employees and community partners.
	Eligibility and Qualifications As the administrator of The Water Fund, The Salvation Army is responsible for determining whether applicants qualify for assistance. Eligible customers may receive access to Water Fund multiple times, up to \$500 annually, to assist with their water/sewer bill. When The Salvation Army offices have reached appointment capacity for the month, the next available appointment is always the 1st Monday in the following month.
	To apply, go to https://www.sahelp.org/
	Montgomery County The Salvation Army 20021 Aircraft Drive Germantown, MD 20874 Tel. No: (301) 515-5354 Fax No: (301) 869-3347
	Prince George's County The Salvation Army 4825 Edmonston Road Hyattsville, MD 20781 Tel. No: (301) 277-6103 Fax No: (301) 779-8020 To apply, call The Salvation Army office in the county where you live or go to https://salvationarmynca.org/nca/gethelp for more information

Resource	Description
Women - New Endeavors by Women	NEW is guided by a mission to partner with homeless women to create new futures. We provide a nurturing environment so that women can recognize their worth. NEW transforms lives, by providing housing, fostering the development of life skills, and promoting education and employment, to end the cycle of homelessness. All activities are supervised. Website: https://www.nebw.org/
	New Endeavors by Women 611 N St NW Washington, DC 20001 Tel: (202) 682-5825 Emergency Shelter Hotline: (800) 535-7252

Resource	Description
Youth Advocate Programs (YAP)	YAP is committed to providing excellent service to our program participants, their parents and guardians, and other family members.
	YAP provides community-based services with funding derived from State and Federal governmental entities.
	We partner with families to build and strengthen essential skills and resources needed to thrive throughout life, such as increasing their ability to safely problem-solve their needs, developing their social, emotional, academic and career competencies, and building their network of community support.
	Wraparound is an intensive, individualized, holistic care planning and management approach to working with high and complex need youth and families from within their homes and communities. YAP's planning process has three components: assessment, a family team meeting, and plan development.
	Services offered by yap are
	Greenbelt, MD 20770 P: 301.477.4297
	Tammika Thompson, Director

Resource	Description
Youth – DC	Covenant House - 202-610-9600, 2001 Mississippi Ave., SE
	Latin American Youth Center (LAYC) - DC Center 202-319-2225 - 1419 Columbia Rd, NW
	Safe House: 202-713-0475 - 3045 15th St., NW, (Mon-Fri 9am-6pm (closes 2 PM Thursdays))
	Sasha Bruce: Emergency Hotline - 202-547-7777. Info 202-675-9340. Drop-In Center 701 Maryland Ave, NE, (Mon-Fri 8am-6pm)
	SMYAL- 202-546-5940, 410 7th Street SE for LGBTQ youth, Anyone interested in entering the housing program will need an intake interview. To schedule an interview: 202-567-3166.
Youth – DC Office of Youth Programs	The Office of Youth Programs (OYP) develops and administers workforce development programs for District youth ages 14-24. OYP provides occupational skills training, work experience, academic enrichment and life skills training to facilitate the development of work habits and skills that are essential for success in the workplace.
	 Mayor Marion S. Barry Summer Youth Employment Program Mayor's Opportunity Scholarship High School Internship Program Marion Barry Youth Leadership Institute Career Ready Early Scholars Program Out-of-School Program Pathways for Young Adults Career Opportunities Grant Opportunities Service Contact: Office of Youth Services Contact Email: youthjobs@dc.gov Contact Phone: (202) 698-3492

Resource	Description
Government	2025 Shutdown Assistance Map (SAM) - Resources for Federal Workers
Shutdown -	
Furloughed Federal Worker Resources	The Shutdown Assistance Map (SAM) was created to help federal employees affected by the government
- General	shutdown find the support they need; both locally and at the national level. Search the map to see offers of
Information	assistance and resources available to you.
	Shutdown Assistance Map - Resources for Furloughed/Excepted Federal Workers - MyFEDBenefits
	Silutiowit Assistance Map - Resources for Fulloughed, Excepted Federal Workers - Myr Ebberients
	Tip: Dial 2-1-1 or 311 in your county/city to be directly connected to food, housing, utilities, and child care referrals in your ZIP code.
	211 Assistance with Housing, Food, Health and more - Call 211 for Essential Community Services United Way 211
	Unemployment Insurance (UI):
	Some employees impacted by furlough may be eligible to receive unemployment benefits. Note, waiting
	periods by state vary, and most states require that the UI benefits be repaid after retroactive pay is received.
	Information for Federal Workers
	Unemployment Compensation for Federal Employees Fact Sheet (PDF). This document outlines
	responses to some frequently asked questions.
	 <u>Federal Employee Checklist</u> (PDF). This document outlines the materials a federal employee would
	likely need in order to apply for UI benefits.
	Map of State Unemployment Insurance Websites. Every state operates its own UI program. This
	website can help you find where to apply for UI in your state.
	 OPM Guidance to Federal Workers for Shutdown Furloughs (PDF). This is the same OPM guidance linked above. Note: it includes some specific guidance on UI.
	 SF-8 Agency Information (PDF). This information is for DOL employees only. The information can
	be used in lieu of the SF-8 and will be accepted by UI offices.
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Resource	Description
Government Shutdown - Furloughed Federal Worker Resources Food Resources	 Feeding America: "Find Free Food and Groceries". Your local food bank can help you find food today, even if you need temporary help. They partner with food pantries, soup kitchens, and meal programs in your local community to give away free food. Enter your zip code to find the food bank partnering with Feeding America. They'll share the locations and hours of nearby food distributions. Food Pantries of America - Welcome to FoodFinder! - You can call or text your ZIP code and get referrals to local food assistance providers (pantries, soup kitchens, etc.) WhyHunger "Find Food" / Hotline (1-800-5-HUNGRY / text zip to 1-800-548-6479) United Way / 211- Dial 211 (in most parts of the U.S.) to reach a community resource line. They maintain up-to-date local listings for food pantries, emergency food assistance, etc. USDA National Hunger Hotline-1-866-348-6479 (and 1-877-842-6273 for Spanish) — offers information about food assistance programs and can help direct you to local resources

Resource	Description
Government Shutdown - Furloughed Federal Worker Resources Mental health and wellness resources	Mental health and wellness resources wellfed offers three recurring weekly virtual programs designed to provide structure, support and momentum for professionals navigating career transitions. Technologists for the Public Good has partnered with Empower Work to provide free, confidential counseling.

Digital Resource Center – October 2025		
Government Shutdown - Furloughed Federal Worker Resources	Washington, D.C. Food	
Washington, DC	 Capital Area Food Bank — (202) 644-9800; free pop-ups & pantry network www.capitalarefoodbank.org DC TEFAP Food Assistance — DHS pantries across ward www.dchealth.dc.gov 	
	 Local "shutdown specials" — free/discounted meals from businesses Mental Health 	
	 DC Behavioral Health HelpLine — 1-888-793-4357 (24/7) www.dbh.dc.gov 988 Suicide & Crisis Lifeline — call or text 988 www.988lifeline.org Federal Employee Assistance Program (EAP) www.opm.gov 	
	 Housing Shelter Hotline — (202) 399-7093 (24/7) ERAP (Emergency Rental Assistance Program) — via DHS 	
	 Pepco — (202) 833-7500 hardship programs - PepCo Support - Expanded Support Available <u>During Federal Government Shutdown The Source</u> DC Water — (202) 354-3600 customer care & payment help Washington Gas — 844-WASHGAS payment plans 	

Resource	Description
	Child Care
	 DC Child Care Subsidy Program — OSSE/DHS Reduced-cost care through rec centers & nonprofits
	Other
	 Unemployment Insurance — <u>dcnetworks.org</u> DC Shutdown Resource Page — <u>dc.gov</u>

Government	
Shutdown -	
Furloughed Federal	
Worker Resources	

Maryland (Montgomery & Prince George's)

Maryland

- Capital Area Food Bank Maryland distribution sites <u>Food Bank for the Washington, DC,</u> <u>Region | Capital Area Food Bank</u>
- Manna Food Center (Montgomery) (301) 424-1130
- Prince George's SHARE Food Network via 2-1-1 <u>Call 211 for Essential Community Services</u> <u>United Way 211</u>
- mypgc.us/FedGovShutdown
- www.go.md.gov/federalshutdown

Mental Health

Food

- Montgomery County Crisis Center (240) 777-4000
- Maryland Mobile Crisis Team 1-855-634-4673
- 2-1-1 Maryland counseling referrals <u>Call 211 for Essential Community Services | United Way 211</u>

Housing

- Prince George's ERAP & Shelter Hotline county housing dept
- Montgomery County HHS Emergency Services call 311
- Maryland Emergency Loan Program for Federal Workers

Utilities

- Pepco PG & MoCo hardship plans <u>Expanded Support Available During Federal Government Shutdown | The Source</u>
- WSSC Water (301) 206-4001 payment assistance
- BGE (800) 685-0123 hardship & energy aid

Resource	Description
	Child Care • Maryland Child Care Subsidy Program — MSDE
	 Parks & Rec in PG/MoCo — fee waivers during shutdowns Other Unemployment Insurance — Maryland DLLR Credit unions (NASA FCU, Andrews FCU, SECU MD) — relief loans & skip-payment options
	 Laurel Advocacy and Referral Services - serves parts of Prince George's County, Howard and Anne Arundel Counties - Home Office of the Peoples Council - Assist with utility interruption issues - Maryland Office of People's Counsel Home
	 Prince George's County Resource Page for Federal Government Shutdown Resources - Federal Government Shutdown Resources Prince George's County Maryland Department of Labor Resources - Resources for Maryland's Former Federal Employees and Other Workers Impacted by the Federal Government Transition or Shutdown - Maryland Department of Labor

Government
Shutdown -
Furloughed Federal
Worker Resources

Virginia (Arlington, Alexandria, Fairfax)

Food

Virginia

- Capital Area Food Bank Northern Virginia sites <u>Food Bank for the Washington, DC, Region |</u>
 Capital Area Food Bank
- ALIVE! (Alexandria) (703) 837-9300
- AFAC (Arlington Food Assistance Center) (703) 845-8486

Mental Health

- Arlington CSB Emergency Line (703) 228-5160
- Fairfax CSB Crisis Line (703) 573-5679
- Alexandria Crisis Line (703) 746-3401
- 988 Suicide & Crisis Lifeline

Housing

- Arlington Housing Grants (703) 228-1350
- Fairfax Coordinated Services Planning (703) 222-0880
- Alexandria Office of Housing (703) 746-4990

Utilities

- Dominion Energy Virginia (866) 366-4357 hardship programs
- Washington Gas payment plans available
- AlexRenew (Alexandria water) (703) 721-3500

Resource	Description
	Child Care
	Virginia Child Care Subsidy Program — <u>Virginia DSS</u>
	Local Parks & Rec — reduced-fee care during shutdowns
	Other
	Unemployment Insurance — <u>Virginia Employment Commission</u>
	Arlington Federal Workforce Resilience Fund
	 Alexandria Shutdown Resource Page — <u>alexandriava.gov</u>