

May 24th—Seventh Sunday of Easter Ascension of the Lord

WELCOME

ST. ANTHONY CATHOLIC CHURCH

DIOCESAN SHRINE of OUR LADY OF MOUNT CARMEL & DIVINE MERCY

BROADCAST MASS SCHEDULE

In the face of the unfolding coronavirus COVID-19 epidemic there are temporary changes until further notice.

All Public Masses are cancelled but can be viewed online:

Weekend: Sun. 9:30am Latin (EF), 11:00am (Solemn Mass with Incense), 1:00pm Spanish.

Weekday: Mon—Fri 8:30am English & 10:00am Spanish. Thurs., 7pm Spanish.

Eucharistic Adoration: Has been moved into the church to avoid close contact. Please pray for God's mercy and healing. Pray for protection and for those that are ill.

Welcome to St. Anthony Church!! If you are new to our faith community and are interested in becoming a member of St. Anthony Catholic Church, please go online to StAnthonyDSM.org to fill out a New Member Form.

SACRAMENTS

Reconciliation: Confession may not be celebrated in common, but only individually. No specific times are set, to avoid larger crowds. The Holy See has authorized pastors to use discretion and provide "Collective Absolution" in moments of pastoral necessity.

Baptism: Baptism in cases of serious illness or other pastoral need, may not be celebrated in common, but only individually at the priest's discretion with serious pastoral necessity. Standard health norms should be respected.

Marriage: Nuptial Masses already scheduled may be celebrated with the 10 person limit; ideally, these Masses should be rescheduled after government leaders give the "all clear" notice. Any and all other public ceremonies should be rescheduled.

Funeral: Please contact a funeral home and they will notify the parish office. Per the Bishops order during the coronavirus crisis, funerals will be limited to 10 people in the church.

PARISH OFFICE

Hours: **New Hours:** 8am—12pm Monday—Friday until further notice.

Phone: 515.244.4709

Address: 15 Indianola Rd., Des Moines, IA 50315



A Gift to St. Anthony—Thank you for serving!

(Left to right front) Mark Balmaceda, Matthew Balmaceda.
(Left to right back) Diego Balmaceda, Daniel Balmaceda and Marco Balmaceda.



Monsignor Frank Chido, Pastor
Join Monsignor's YouTube channel for Heart Journey videos and Sunday homilies.



Fr. Guthrie Dolan,
Parochial Vicar



Fr Jose Reynaldo,
Chaplain of
Hispanic Community



DEACONS

Rev. Mr. Juan Bustamante

Rev. Mr. Tom Hunkele

Rev. Mr. Tony Romeo

Rev. Mr. Thomas Starbuck

Rev. Mr. Quan Tong

MASS & LITURGICAL SCHEDULE

All Public Masses are Cancelled

Mass will broadcast and can be viewed online.

Found at StAnthonyDSM.org, the St. Anthony App & on the St. Anthony Church Facebook page.

Monday, May 25h

8:30am—+Julie Naylor, John Powers

10:00am—+Dolores Campos

Tuesday, May 26h

8:30am—+Deceased Member for Nicolino Family, Mary Fartino Renda

9:15am—Adoration in the Church

10:00am—+Pete Leo

8:00pm—Benediction of the Blessed Sacraments

Wednesday, May 27th

8:30am—+Tisha Fazio, Fred Buban

9:15am—Adoration in the Church

10:00am—+Pete & Ester Leo

8:00pm—Benediction of the Blessed Sacrament

Thursday, May 28th

8:30am—+ Bill Cardamon, Rosella Beener

9:15am—Adoration in the Church

10:00am—+Nick Scavo

8:00pm—Benediction of the Blessed Sacraments

Friday, May 29th

8:30am—+Bob Johansen, Mary Rose Cardamone

10:00am—+Anthony J Caligiuri Sr.

Saturday, May 30th

8:30am—+Glance Blanchard, St Anthony Parishioners

Sunday, May 31st

9:30am—Latin Mass + Fr Ben Kenkel

*11:00am—+Mary Sitronetto

1:00pm—Spanish Mass—+Kay Rizzuti

+ Mass Intention

* Incense

FROM MONSIGNOR CHIDO, PASTOR



My dear Parishioners,

This is Ascension weekend, and next week is Pentecost Sunday. The Lord ascended into heaven, not to leave us abandoned, but to fulfill the promise to send His Holy Spirit to be not just with us—but within us.

This is an important moment for us to pray for a fresh outpouring of the Holy Spirit. We need so greatly the power of God to survive this “dark moment” in history. I encourage you to pray everyday this week, beginning May 22nd, the following prayer to the Holy Spirit as a Novena. Pray for our families, our nation our world. May the Holy Spirit give us newfound hope and peace.

COME HOLY SPIRIT FILL THE HEARTS OF THE FAITHFUL
AND ENKINDLE IN US THE FIRE OF YOUR LOVE. SEND
FORTH YOUR SPIRIT, AND WE SHALL BE CREATED. AND
YOU SHALL RENEW THE FACE OF THE EARTH.

LET US PRAY:

O GOD WHO BY THE LITE OF THE HOLY SPIRIT DID
INSTRUGHT THE HEARTS OF YOUR FAITHFUL. GRANT
THAT BY THAT SAME HOLY SPIRIT WE MAY BE TRULY
WISE AND EVER REJOICE IN HIS CONSOLATION
THROUGH CHRIST OUR LORD. AMEN.



READINGS FOR THE WEEK OF

May 25—May 31

Sunday: Ascension: Acts 1:1-11/Ps 47:2-3, 6-7, 8-9 [6]/Eph 1:17-23/Mt 28:16-20

7th Sunday of Easter: Acts 1:12-14/Ps 27:1, 4, 7-8 [13]/1 Pt 4:13-16/Jn 17:1-11a

Monday: Acts 19:1-8/Ps 68:2-3ab, 4-5acd, 6-7ab [33a]/Jn 16:29-33

Tuesday: Acts 20:17-27/Ps 68:10-11, 20-21 [33a]/Jn 17:1-11a

Wednesday: Acts 20:28-38/Ps 68:29-30, 33-35a, 35bc-36ab [33a]/Jn 17:11b-19

Thursday: Acts 22:30; 23:6-11/Ps 16:1-2a and 5, 7-8, 9-10, 11 [1]/Jn 17:20-26

Friday: Acts 25:13b-21/Ps 103:1-2, 11-12, 19-20ab [19a]/Jn 21:15-19

Saturday: Morning: Acts 28:16-20, 30-31/Ps 11:4, 5 and 7 [cf. 7b]/Jn 21:20-25

Next Sunday: Vigil: Gn 11:1-9 or Ex 19:3-8a, 16-20b or Ez 37:1-14 or Jl 3:1-5/Ps 104:1-2, 24, 35, 27-28, 29, 30 [cf. 30]/Rom 8:22-27/Jn 7:37-39. Extended Vigil: Gn 11:1-9/Ps 33:10-11, 12-13, 14-15/Ex 19:3-8a, 16-20b/Dn 3:52, 53, 55, 56 [52b] or Ps 19:8, 9, 10, 11/Ez 37:1-14/Ps 107:2-3, 4-5, 6-7, 8-9 [1]/Jl 3:1-5/Ps 104:1-2, 24, 35, 27-28, 29, 30 [cf. 30]/Rom 8:22-27/Jn 7:37-39. Day: Acts 2:1-11/Ps 104:1, 24, 29-30, 31, 34 [cf. 30]/1 Cor 12:3b-7, 12-13/Jn 20:19-23

Are You a “Yes, But” Christian?

By Monsignor Frank Chiodo

Are you a “Yes, But” kind of Christian? “Yes, God, I will obey your commands, but when those commands conflict with my way of thinking, forget it.” “Yes, I will love you with all my heart, but when something more enticing comes along, it’s another story.” “Yes, Lord, I give you my life, but don’t ask me for too much of my time, talents or treasure. I’ll keep them to myself, thank you.” Yes, but...yes, but...yes, but. Someone once said: “A whole lot of people are going to Hell on their ifs, ands and buts.”

We live in a “yes, but” kind of world. We say “yes” to God, “yes” to our commitments, “yes” to duty, but only when it works for us. “Yes” to sacrifice, “yes” to discipline, “yes” to morality, but “no” when it becomes too difficult or demands too much from us; forget it. We say “yes” to faithfulness, “yes” to God’s commandments, but only when it meets with my plans, my views, my way of thinking. We say “yes” to the cross, but only when I find it easy and painless to carry.

We live in a culture that values commitment only to the extent that it doesn’t infringe on our comfort zone. Are you a comfort zone, “yes, but” kind of Christian? In the second Letter to the Corinthians, Saint Paul says, “As God is faithful, our word to you is not “yes” and “no.” For the Son of God, Jesus Christ...was not “yes” and “no,” but “yes” has been in him” (1:18). Christ’s word to us is “yes.” Yes to our salvation, yes to all that is good, right, holy, just and true. Yes, yes, yes. No ifs, ands or buts about it. No buts about it --- God is merciful. He will stop at nothing to save us, and see us on the right path to Heaven.

It is an uphill battle for us to give a constant and consistent commitment to the Lord. But give it we must. The following fable can illustrate this important truth. A man was sleeping in his cabin when suddenly his room was filled with light and Jesus appeared. The Lord showed him this large rock in front of his cabin. The Lord told him He wanted him to push this huge rock with all his might. Day after day, the man pushed the rock. For years he toiled sun up to sun down, his shoulders set squarely against the cold, massive, unmoving rock, pushing with all his might. Each day the man returned to his cabin, worn out, feeling the day was wasted, since he couldn’t budge the rock one inch. The devil then appeared. “You have been pushing against that rock for a long time, and it hasn’t budged. Why kill yourself over this effort? You are never going to move it.” The man was discouraged and disheartened and decided: “I’ll just put in my time, giving the minimum effort and that will be good enough.” One day he decided to take the matter to prayer. “Lord,” he said, “I have labored long and hard in your service, putting all my strength to do what you asked. Yet, all this time, I have not even moved that rock by half a millimeter. Why am I failing?”

The Lord responded: “My friend, when I asked you to serve me, you responded. I told you that your task was to push against the rock with all your strength, which you have done. Never once did I mention to you that I expected you to move it. Your task was to push. And now you think you have failed. But is that really so? Look at yourself. Your arms are strong and muscled. Your back is strong and brown, your hands are strong, as are your legs. Through opposition you have grown much and your abilities now surpass what you had. Yet you haven’t moved the rock. But your calling was to be obedient and to push and exercise your faith and trust in my wisdom. This have you done. I, my friend, will now move the rock.”

Yes, God will move the rock for us, if we say yes to Him, come what may. Those four men in the Gospel who brought the paralytic to Christ kept their focus on the job they’d been given to do, and stopped at nothing to accomplish it, even to the point of opening the roof and letting him down before Jesus. They were committed to bringing the poor paralytic to Christ. They kept on pushing, and Christ did the rest. When things get us down, we need to think about the person who pushed the rock his whole life long. His work wasn’t useless, although it seemed so to him. God just wanted him to push. God would do the rest.

What’s your rock? What’s the job God has given you? Are you still pushing? Whatever work God has given you to do --- to be a father, grandfather, husband, wife, mother, student, priest, religious or committed single person, say “yes” to the Lord, and push. Let God do the rest. Mother Theresa used to say, “God doesn’t ask us to be successful, just faithful.” Faithful, yes, that is what it’s all about: being faithful to God every moment of every day. No buts about it. I don’t want to be a “Yes, But” kind of Christian. Do you? Father, I adore Thee. Jesus I adore Thee. Spirit, I adore Thee. Amen.

(Excerpt from *One Dose Daily* and can be purchased at St. Anthony parish office. You can purchase the electronic version on Amazon.)

MARK YOUR CALENDAR

Feast of Corpus Christi

Eucharistic Blessing Over Des Moines

Saint Anthony Catholic Church

15 Indianola Rd, Des Moines, IA

Please honor us with your presence, online or in person, for this yearly celebration of the Most Holy Body and Blood of Christ. The online Mass will begin at 11AM and following the Mass the Most Holy Eucharist will be processed out of the church to the Grotto and then on a motorcade route to bless Des Moines (Starting approximately 12pm). You are welcome to join us in the motorcade for this long held tradition. View online: St Anthony Facebook page.



Motorcade Route

(Route subject to change)

To **register your car** to be in the motorcade, go to to StAnthonyDSM.org

- 1.Start at the St. Anthony Grotto: SW 1st Street and Dunham Ave. Line up behind START truck.
- 2.East on Dunham Ave to South Union Street North to Jackson Ave.
- 3.East on Jackson Ave to SE 3rd Street and then South to Edison Ave.
- 4.West on Edison Ave to SE 1st Street turn South follow the curve west on Indianola Road.
- 5.Indianola Road becomes Thomas Beck. Turn South on SW 9th and head into Mac Rae Park up to the EMC Overlook.
- 6.At the EMC Overlook, stop to bless Des Moines.
- 7.Leave park going south on SW 11th Street.
- 8.Turn West onto Davis Ave to SW 12th Street.
- 9.Go south on 12th Street to Park Ave turn west and go one block to SW 12th PL and turn South.
- 10.Go to Thornton Ave and turn East. Turn North on South Union to Hartford Ave and go East.
- 11.Turn South onto Indianola Ave back to St. Anthony.

Contact Kim Lehman for more information: 515.202.2517

**Novena to the Holy Spirit
May 22nd to May 30th**

O Holy Spirit, Lord and Giver of Life, I adore thee and humbly acknowledge here in thy sacred presence that I am nothing and can do nothing without the life and breath thou dost give.

Come, advocate and guide into all truth. Come, source of strength and wisdom. Come and fulfill the promise our Savior that we would not be left as orphans. Come and enter into my mind and heart as on the day of Pentecost.

Grant that I may also receive the gifts poured out on the disciples and the Blessed Mother of Jesus. *Amen.*

Take from my heart all that is not pleasing to thee and make it a worthy dwelling place for Jesus. Illumine my mind that I may see and understand the things that are for my eternal well-being.

Kindle in my heart the pure love of God, teaching me to love God in all things and above all things, that I might receive all things with gratitude and use them to God's purposes.

Strengthen my will that it may be conformed to the will of my creator and guided by holy inspiration. Aid me to practice the virtues seen in the earthly life of Jesus. *Amen.*

Descend upon me, O mighty Spirit, that inspired and encouraged by thee, I may faithfully fulfill the duties of my life and vocation, that I carry my cross with patience and courage and accomplish more nearly thy perfect will. Make me day by day more holy and give to me that heavenly peace which the world cannot give. *Amen.*

O Holy Spirit, thou giver of every good and perfect gift, inspire my prayer and grant me the intention which moves me to pray earnestly, with hope and expectation. *Amen.*

The Spirit helps us in our weakness, for we do not know how to pray but the Spirit intercedes for us in sighs too deep for words.
- *Romans 8*

Here, offer the particular need that you bring to these prayers, the insight or wisdom you seek, and the uncertainty or the challenge you face. Offer your intention before the presence of the Holy Spirit and wait in quiet, knowing that the Spirit's voice is heard in silence. The Veni Creator Spiritus may be said.

Come, Holy Ghost, our souls inspire, and lighten with celestial fire. Thou the anointing Spirit art, who dost thy seven-fold gifts impart. Thy blessed unction from above is comfort, life, and fire of love.

Enable with perpetual light the dullness of our blinded sight. Anoint and cheer our soiled face with the abundance of thy grace. Keep far our foes, give peace at home: where thou art guide, no ill can come. Teach us to know the Father, Son, and thee, of both, to be but One, that through the ages all along, this may be our endless song: Praise to thy eternal merit, Father, Son, and Holy Spirit. ~ *Amen.*

Come Holy Spirit, fill the hearts of thy faithful and kindle in them the fire of thy love.

Then offer one of the following prayers. Days 2-8 focus on the gifts of the Holy Spirit, (Isaiah 11:2-3); the last day focuses on the fruits of the Holy Spirit (Galatians 5:22).

First Day: Come, Holy Spirit, Lord and giver of life; be my guide in perplexity, defend me from error and lead me to truth; grant that I may know and do what is right and be in me a fountain of living water springing up into life everlasting.

Second Day: Come, O Spirit of wisdom, and help me to know God revealed in the Word made flesh, the promise of grace and the hope of glory.

Third Day: Come, O Spirit of understanding, and teach me to know myself and recognize God's call to me in my daily life and work.

Fourth Day: Come, O Spirit of counsel, guide me in right pathways, turn me away from evil, and lead me by thy commandments to the joy of eternal life.

Fifth Day: Come, O Spirit of fortitude, give me courage and determination, that in all distress and uncertainty, I may with a calm and confident spirit remain strong in faith, patient in hope, and constant in love.

Sixth Day: Come, O Spirit of knowledge, grant that I may know and accept the will of God, that recognizing the true value of the things of this world, I may use them rightly, and always with thanksgiving.

Seventh Day: Come, O Spirit of piety, and help me to love God with all my heart and soul and strength, that I may find in thee my best and truest joy.

Eighth Day: Come, Spirit of holy fear, that I may stand in awe of God, never presuming on mercy and never forgetting before whom I must account for my life, my actions, and my words.

Ninth Day: Come, O bountiful spirit, and bring forth in my life the manifold fruits of thy presence and create in me:

Love toward God and my neighbor, Joy and wonder in all God's work, The peace that Jesus promises, Patience born of faith and hope, Kindness that reflects God's mercy, Generosity that uses all as God intends, Faithfulness that is constant and reliable, Gentleness that I may do harm to no one, Self-control that my life will conform to the mind of Christ.

After another period of silence, close by saying

Our Father...

May the Father's will be done in and through me; may I follow more nearly the call of Jesus my Lord, + and may thou, O mighty Spirit of the Living God, be praised and glorified forever and ever. Amen