



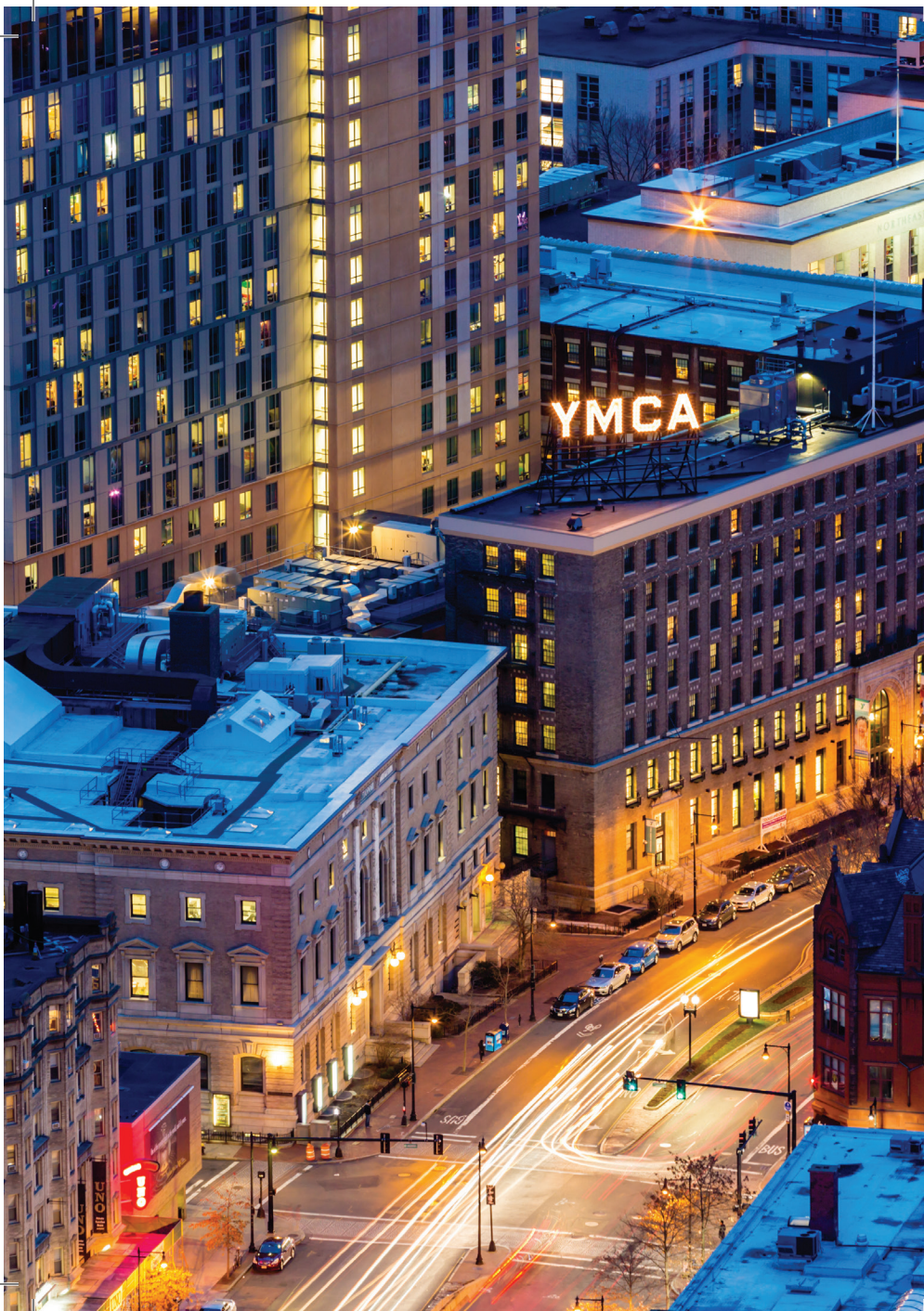
the

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STABILITY, BELONGING & OPPORTUNITY FOR ALL



YMCA OF GREATER BOSTON



A vertical strip on the left side of the page contains a collage of city night photographs, showing buildings and streetlights.

OUR MISSION

The YMCA of Greater Boston is dedicated to improving the health of mind, body, and spirit of individuals and families in our communities. We provide welcoming, belonging, and opportunity for all.

OUR HISTORY

Founded in 1851 as America's first Y, the YMCA of Greater Boston strengthens the Greater Boston community through a focus on youth development, healthy living and social responsibility. As one of the community's leading nonprofits, we are dedicated to nurturing the potential of every child and teen, improving our community's health and well-being and providing opportunities to give back and support our neighbors.

OUR IMPACT

Each year, across all our programs and services, the YMCA of Greater Boston enables 150,000 youth, adults, and seniors to be healthy, confident, connected and secure.

BUILDING BRIGHT FUTURES



EARLY EDUCATION | BEFORE, AFTERSCHOOL & SUMMER ENRICHMENT | TEEN EMPLOYMENT | Y ACHIEVERS | COMMUNITY HUB SCHOOLS

We are solely focused on meeting the social, emotional, and academic needs of our young learners so they can grow into the changemakers of tomorrow. We partner with parents, caregivers, guardians, and educators to provide quality learning, joyous environments, and collaborative skill building in diverse, inclusive environments.

From day camp to overnight camp to summer jobs to partnering with the City of Boston on achieving Universal Pre-Kindergarten, our youth development efforts take a holistic approach to education with a deep understanding of the cognitive, physical, and social development of young people combined with the importance of supporting families.

Additionally, for our teens, we focus on providing opportunities for employment, leadership development, and exposure to careers and higher education.



6,730

Youth nurtured this summer
at Day and Overnight Camps
and our Summer Learning
Academies



961

Teens mentored,
employed, and inspired
throughout the year

ENDING HUNGER



GROCERY AND MEAL DELIVERY

Food and nutrition play a crucial role in good health, yet for some, healthy foods are not accessible. We provide free, nutritious, culturally appropriate meals that nourish children, families, and seniors.

The Y delivers nutritious prepared meals to kids at 40 sites during the school year and 100 sites during the summer.

The Y partners with the City of Boston and the Greater Boston Food Bank to deliver grocery bags of shelf stable and fresh fruits and vegetables to more than 45 community groups, faith-based, and school sites year-round.

The Y provides nutrition education to youth, educators, and families across Greater Boston.



1,140,342

Year-round and summer healthy meals served to children and youth under 18 through our partnership with Department of Elementary and Secondary Education (DESE)



3.2 million

Nutritious meals provided through grocery bag distribution

IMPROVING COMMUNITY HEALTH



SWIMMING | PERSONAL TRAINING | YOUTH SPORTS | GROUP EXERCISE | DISEASE PREVENTION

A healthy community is a strong community. We strive to provide accessible, affordable places, tools, and resources everyone should have to build skills, gain confidence, build community, and live healthy lives. We design health programs that strengthen the mind, body, and spirit.

We offer innovative in-person and virtual solutions to address health disparities and work to remove financial barriers to wellness.

Our facilities are community assets, and our programs create a sense of belonging and help create long lasting healthy habits.



70,000

Members find connection and activity to lead healthy lives



520

Participants supported and connected through Specialty Health and chronic disease programs

PROVIDING SUPPORT, STABILITY, AND PATHWAYS



ADULT EDUCATION | WORKFORCE DEVELOPMENT | SUPPORTIVE HOUSING

Poverty is one of the most destructive social determinants to health. We address poverty at its roots with programs that eliminate barriers to economic stability for families and individuals.

We work with partners in our Greater Boston community to address chronic and emergent needs for families in crisis by providing programs, resources, and a caring community, that creates stability, builds relevant skills, and creates opportunity and supported pathways for economic mobility.



345

Adult education
students supported
in career building and
ESOL courses



99

Families and residents
find dignity and comfort
in our supportive housing
programs at the
Huntington Avenue YMCA

DEMANDING EQUITY FOR ALL



ACCESS AND AFFORDABILITY FOR ALL | PARTNERING FOR PROGRESS

We demonstrate our commitment to equity for all in our programs and services, we call it “The Y Way.”

The Y Way is a meaningful way to intentionally connect with yourself and diverse groups of people, ideas, and actions, to create an environment that provides an invitation to all, provides belonging and welcoming to all, and cultivates inclusive community where diversity is our dynamic strength. We strive every day to reach this goal and are constantly learning.



\$4 million+

in financial assistance
provided for Y membership,
adult education, youth
programming, and more



20,000

Lifesaving swim
lessons taught to children
and teens under 18

Our YMCAs

YMCA OF GREATER BOSTON

CITY OF BOSTON

1. **CHARLESTOWN YMCA**
Charlestown
2. **DORCHESTER YMCA**
Dorchester
3. **EAST BOSTON YMCA**
East Boston
4. **HUNTINGTON AVENUE YMCA**
Boston
5. **OAK SQUARE YMCA**
Brighton
6. **PARKWAY COMMUNITY YMCA**
West Roxbury
7. **ROXBURY YMCA**
Roxbury
8. **THOMAS M. MENINO YMCA**
Hyde Park
9. **WANG YMCA OF CHINATOWN**
Boston

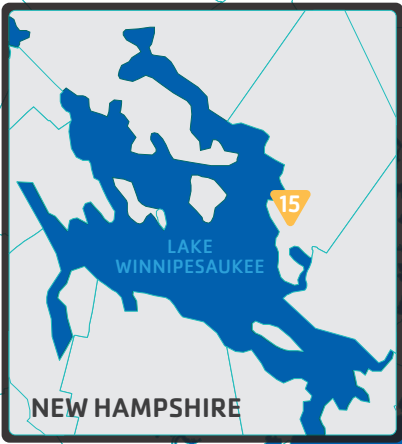
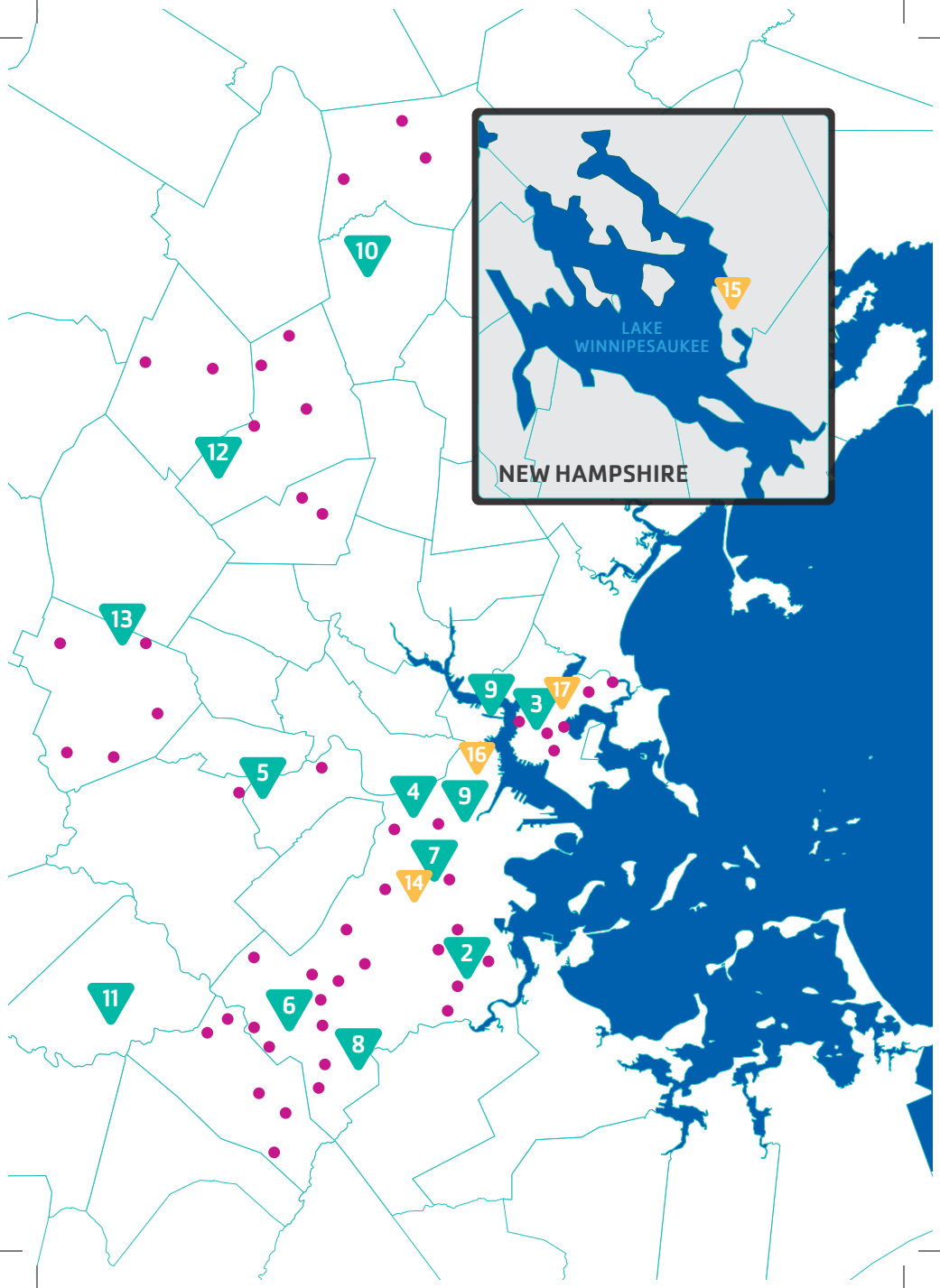
NEIGHBORING COMMUNITIES

10. **BURBANK YMCA**
Reading
11. **CHARLES RIVER YMCA**
Needham
12. **NORTH SUBURBAN YMCA**
Woburn
13. **WALTHAM YMCA**
Waltham

SIGNATURE PROGRAMS

14. **YMCA ACHIEVERS**
Boston
15. **YMCA CAMPING SERVICES**
Lake Winnepesaukee, NH
16. **EDUCATION & TRAINING YMCA**
Boston
17. **YMCA HUNGER PREVENTION DISTRIBUTION CENTER**
East Boston

● OFF SITE PROGRAM LOCATION





YMCABOSTON.ORG