



Small Group Discussion Notes

The Rest of the Story Week 4

Sabbath as Reorientation

October 16th, 2022

Luke 6:1-11

Warm Up

Share about a time when you felt disoriented (lost, confused, off-track).

Digging Deeper

Read Genesis 2:15

What ultimate outcome was God looking for when He placed Adam (and Eve) in the garden?

Read Genesis 1:28

How does this work reflect the fact that we were created in the Image of God (Gen. 1:27)?

Humankind was made in the image of God to create and care for the world and culture around us. We were called to care for the environment, while creating societies filled with things that bring glory to God (food, art, music, language, etc.).

How do you think we do a good job of fulfilling this original orientation/purpose today? How do we miss the mark?

The first question of the Westminster Shorter Catechism is as follows...

Q. 1. What is the chief end of man?

A. Man's chief end is to glorify God, and to enjoy him forever.

How does the "work," humankind has been called to glorify God and allow us to enjoy Him forever?

Next Steps

What are the things that disorient you from God's purpose for your life?

What is a tangible action you can take this next week that will remind you of God's purpose for your life?

How could participation in Sabbath help you stay oriented to God's original purpose for humankind?

Final Thoughts

Make a list this week of some of the tangible ways you see yourself living out God's original orientation/purpose for humankind. Consider how you are bringing glory to God, and how you might enjoy Him in those activities.