



## Small Group Discussion Notes

### The Rest of the Story Week 5

Sabbath as Revelation

October 23<sup>rd</sup>, 2022

#### Warm Up

Share about a time when you learned about or were reminded of an attribute of God.

#### Digging Deeper

Read Matthew 16:13-17

Jesus asks his disciples "Who do people say the Son of Man is?" If this question or some variation of it was asked of your friends and family/our community/our nation, what sort of responses do you think you would get? How would you answer this question?

What circumstances and/or practices in your life have helped you to gain a clearer understanding of who God is?

Consider as a group examples from the Bible where people were enlightened to who God is. How did this newfound understanding impact their lives?

How did Jesus change the way in which we can approach and experience God (consider the Old Testament and the role of priests)?

How does an increased intimacy and access to God through Jesus help in our understanding of who He is?

How do you think the Holy Spirit helps us to understand more about the nature of God?

#### Next Steps

What activities could you participate in during times of Sabbath to gain a deeper understanding of who God is?

What actions or steps could you take in your daily life to remain mindful of who God is?

How does a deeper understanding of who God is help us to live with a Sabbath Imagination (A Sabbath Imagination is a restful outlook, rooted in relationship with God and cultivated in Sabbath, through which to view all of life)?

#### Final Thoughts

Take time this week to bring a particular situation before the Lord and see how in the midst of that situation He reveals to you more about His nature.