Small Group Discussion Notes
And Yet...Only Jesus Truly Satisfies
Week 6
March 1, 2026
David Miles

Warm Up

What is your favorite junk food to indulge in?

Digging Deeper

What reflections do you have from Sunday's sermon?

Read John 4:1-15

What are some of the interesting cultural dynamics at play in this encounter?

The woman at the well is confused as to who Jesus is and what it is that he has to offer her. Do you think sometimes we get confused, forget, or even ignore who Jesus is? If so, how might this impact our ability and our desire to seek satisfaction in him?

How does the "living water" that Jesus offers satisfy our longings and needs?

What does it look like for our lives to have a "spring of water welling up to eternal life"?

Next Steps

In what ways do you seek satisfaction for the deepest longings and needs of your heart in places other than Jesus?

Why do the things of this world fail to satisfy our deepest longings and needs?

Read Matthew 6:19-24

What does it mean to "store up treasure in heaven"?

One of the ways we often seek satisfaction is through material possessions and wealth. How do we navigate living in a material world, where possessions and finances are important, while being intentional about keeping the Lord first and pursuing ultimate satisfaction in him?

What step can you take to become more intentional about finding ultimate satisfaction in the Lord, rather than in the things of this world?

Final Thoughts

If time allows, read verses 16-26 and reflect on the remainder of this encounter between Jesus and the Samaritan woman. Share your reflections and insights.