



RETREAT

PACKING LIST

WHAT TO BRING

Bible
Sleeping bag
Pillow
Comfortable Clothes
Long Pants
Warm Jacket and / or Sweater
Several Changes of Underclothes
Appropriate Shoes
Towel
Soap
Toothbrush
Toothpaste
Pen and / or Pencil
Paper / Journal
Camp Appropriate Swimsuit
Insect Repellent
Flashlight

WHAT NOT TO BRING

Radio
Boom Box
Stereo
TV
CD Player
Mp3 Player / iPod / iPad / Zune
Gaming Devices
Bikes
Knives
Illegal Drugs
Tobacco
Alcohol
Firearms
Fireworks