# Outdoor Recreation COVID-19 Requirements

#### **Summary of March 23, 2021 changes:**

- New Phase 3 requirements detailed.

#### Included Here:

- Staffed outdoor tennis facilities public and private
- Guided ATV, paddle sports, and horseback riding
- Guided fishing
- Gondolas/Lift Chairs—Downhill skiing and snowboarding
- Overnight group summer camps
- All other activities substantially similar in operation and equally able to meet the requirements in this memorandum.

#### Not included here:

- Pool specific guidelines. Pool and water recreation facilities should follow the <u>Department of Health's COVID-19 guidance for staffed pools</u> and the <u>Governor's Phased Guidance for water recreation</u>.
- Golf
- Racing (non-motorized—biking, running and motorized--Go-kart tracks, ORV/motocross facilities, and participant-only motorsports)
- Zoos and aquariums

All businesses and organizations must adopt a written procedure for employee safety and customer interaction that is at least as strict as this procedure and complies with the safety and health requirements below, including recreation-specific guidance.

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# Staffed Outdoor Tennis Facilities, Public and Private

#### **RESTART COVID-19 REQUIREMENTS AND RECOMMENDATIONS**

#### **Tennis Operations**

Any facility must comply with the following:

#### Phases 1 and 2:

- 1. Utilize on-line or phone time reservation systems to pre-pay and limit interactions where possible. Utilizing non-cash payments and credit cards to limit interactions is recommended.
- 2. Regularly sanitize counter tops, doorknobs, other common surfaces, cash registers, score posting kiosks, and other frequently touched surfaces including employee used equipment.
- 3. Install signage to discourage group congregation, or to limit numbers of people in a certain area of the club or pro shop or around the courts.
- 4. Keep up to date on all changes issued by the Office of the Governor, the Department of Labor & Industries, and the Department of Health.
- 5. Ask players to leave the facility after playing to eliminate congestion/gathering on the property or in the parking lot.
- 6. Increase the number of hand sanitizing stations throughout the facility.
- 7. Ensure restrooms are frequently cleaned and appropriately sanitized throughout the day.
- 8. Food and beverage service subject to current regional guidance restrictions. Pro shops and retail subject to current regional retail guidance restrictions.

#### Phase 1:

- For tennis tournaments, as long as an event organizer can have protocols in place to ensure no large gatherings (ex. scoreboard area, clubhouse, registration, etc.), organizations can conduct a tennis event. Any event must comply with all other provisions of this document.

#### Phase 2:

For tennis tournaments Maximum 200 people allowed at competitions, including spectators.

#### Phase 3:

- Outdoor tennis events must follow Healthy Washington Guidelines for Spectators.
- Restaurants and pro-shops must follow required guidelines for food service and retail for Phase
   3.
- Limited use of showers and locker rooms allowed. Users must remain 6 feet distanced from other users.
- Facial coverings may be removed for outdoor training and competitions.

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# Guided ATV, Paddle Sports, Horseback Riding, and other Guided Outdoor Activities

#### **RESTART COVID-19 REQUIREMENTS AND RECOMMENDATIONS**

#### **Guide Operations for Phases 1 and 2:**

Businesses planning to reopen must comply with the following:

- 1. Utilize on-line or phone time reservation systems to pre-pay and limit interactions where possible. Utilizing non-cash payments and credit cards to limit interactions is recommended.
- 2. Guided activities limited to a maximum of 12 participants. Overnight trips are allowed. Physical distancing still required between participants of different households.
- 3. Create adequate space for physical distancing during tour check-ins, and when outfitting customers. Use visual markers for reference.
- 4. When outfitting participants with helmets, gear, protective clothing, and lifejackets, staff will maintain physical distance where possible. All gear must be sanitized between each use.
- 5. Where necessary, stagger tour departures to minimize contact between staff and groups of participants.
- 6. Develop cleaning protocols that allow for proper disinfection of helmets, gear, protective clothing, and lifejackets after use using CDC and EPA approved products. Regularly sanitize counter tops, handrails, doorknobs, and other common surfaces. Have hand sanitizer available for staff and clients.
- 7. Shuttle transportation allowed. Mixed household groups must be physically distanced inside the shuttle while transporting. Facial coverings required for all participants at all times inside shuttles and windows should be used for ventilation. See more guidelines details below under "Transportation" in Safety and Health Requirements.
- 8. Require customers to cancel if they have a fever, cough, shortness of breath, fatigue, muscle aches, or new loss of taste or smell and ensure that they can reschedule with no penalty when they are feeling better.

#### **Guide Operations for Phase 3:**

- Group sizes for guided activities limited to 50 people maximum.
- Facial coverings required when groups are indoor or when individuals are unable to maintain 6foot distance. Facial coverings may be removed non-motorized water recreation activities where
  facial coverings may present a drowning hazard.
- Develop cleaning protocols that allow for proper disinfection of helmets, gear, protective clothing, and lifejackets after use using CDC and EPA approved products. Have hand sanitizer available for staff and clients.
- Shuttle transportation allowed. Facial coverings required for all participants at all times inside shuttles and windows should be used for ventilation. See more guidelines details below under "Transportation" in Safety and Health Requirements.
- Require customers to cancel if they have a fever, cough, shortness of breath, fatigue, muscle aches, or new loss of taste or smell and ensure that they can reschedule with no penalty when they are feeling better.

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# **Guided Fishing and Charter Boat Excursions**

#### **RESTART COVID-19 REQUIREMENTS AND RECOMMENDATIONS**

Guided fishing is an activity that is viable and relatively low risk, however there are additional precautions that need to be in place to ensure the safety of customers and staff. In order to operate, the following requirements must be implemented:

#### **Guide Operations Phases 1 and 2:**

Businesses planning to reopen must comply with the following:

- 1. Utilize on-line or phone time reservation systems to pre-pay and limit interactions where possible. Utilizing non-cash payments and credit cards to limit interactions is recommended.
- 2. Charter boats are permitted to host up to twelve customers. Boats with 8 or more customers are limited to one customer per nine feet of rail space. Physical distancing must be maintained.
- 3. Require passengers to bring and wear masks or facial coverings on the boats. Crew members are also required to wear masks or facial coverings on boats.
- 4. Consider the space provided for each customer when determining the maximum number of people allowed onboard. Ensure there is 6 feet of rail space between each person, or 9 feet of rail space if there are 8 or more customers onboard. Limit the number of passengers permitted in the cabin at any one time to provide adequate spacing unless there are safety issues such as weather or sea conditions.
- Overnight boats are allowed. Physically distancing is still required between participants of different households. Members of different households not permitted to share bunks. The bunks pads and all bunk room surfaces and hand holds should be cleaned and disinfected between each trip.
- 6. Create adequate space for physical distancing during tour check-ins, and when outfitting customers. Use visual markers for reference.
- 7. When outfitting participants with protective clothing and lifejackets, staff will maintain physical distance. When social physical is not possible staff will wear appropriate PPE, including masks or facial coverings.
- 8. Where necessary, stagger tour departures to minimize contact between staff and groups of participants.
- 9. Develop cleaning protocols that allow for proper disinfection of fishing gear, protective clothing, and lifejackets after each use using CDC and EPA approved products. Regularly sanitize counter tops, handrails, doorknobs, and other common surfaces. Have hand sanitizer available for staff and clients.
- 10. Shuttle transportation allowed. Mixed household groups must be physically distanced inside the shuttle while transporting. Facial coverings required for all participants at all times inside shuttles and windows should be used for ventilation. See more guidelines details below under "Transportation" in Safety and Health Requirements.
- 11. Require customers to cancel if they have a fever, cough, shortness of breath, fatigue, muscle aches, or new loss of taste or smell and ensure that they can reschedule with no penalty when they are feeling better.
- 12. Keep up to date on all changes issued by the Office of the Governor, the Department of Labor & Industries, and the Department of Health.

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#### **Guide Operations for Phase 3:**

- 1. Group sizes for guided activities limited to 50 people maximum. At least 6 feet of rail space per customer is required.
- 2. Require passengers to bring and wear masks or facial coverings on the boats. Crew members are also required to wear masks or facial coverings on boats.
- 3. Develop cleaning protocols that allow for proper disinfection and cleaning of helmets, gear, protective clothing, and lifejackets after use using CDC and EPA approved products. Regularly sanitize counter tops, handrails, doorknobs, and other common surfaces. Have hand sanitizer available for staff and clients.
- 4. Shuttle transportation allowed. Facial coverings required for all participants at all times inside shuttles and windows should be used for ventilation. See more guidelines details below under "Transportation" in Safety and Health Requirements.
- 5. Require customers to cancel if they have a fever, cough, shortness of breath, fatigue, muscle aches, or new loss of taste or smell and ensure that they can reschedule with no penalty when they are feeling better.
- 6. Overnight boats are allowed. Physically distancing is still required between participants of different households. Members of different households not permitted to share bunks. The bunks pads and all bunk room surfaces and hand holds should be cleaned and disinfected between each trip.
- 7. Create adequate space for physical distancing during tour check-ins, and when outfitting customers. Use visual markers for reference.
- 8. When outfitting participants with protective clothing and lifejackets, staff will maintain physical distance. When social physical is not possible staff will wear appropriate PPE, including masks or facial coverings.
- 9. Where necessary, stagger tour departures to minimize contact between staff and groups of participants.

# Gondolas/Lift Chairs and Downhill Skiing and Snowboarding

#### **COVID-19 REQUIREMENTS AND RECOMMENDATIONS**

#### **Operations**

Businesses planning to reopen must comply with the following:

- 1. Operators of gondolas and chairlifts who offer winter-sports activities such as skiing and snowboarding must adhere to <u>dine-in restaurant and tavern guidelines</u> and in-store retail guidelines <u>Reopening Guidance for Business and Workers page found at the Governor's</u> as well as current and future guidelines regarding busses, shuttles, and public transportation.
- 2. Adhere to the Secretary of the Department of Health <u>Face Coverings Order</u>, and any other relevant DOH guidelines regarding hygiene, cleaning, ventilation, transportation, and records and contact tracing. <u>Department of Health Resources and Recommendation can be found here.</u>
- 3. Ensure operations follow the Labor & Industries COVID-19 requirements to protect workers. COVID-19 workplace and safety requirements can be found <a href="https://example.com/here.">here.</a>
- 4. Arrange online or contactless payment options whenever possible to limit in-person transactions.
- 5. Guests will be asked to self-group and load the chair with their traveling party. Lift attendants will not require guests to ride a chairlift with people they do not know, high capacity chairlifts

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- and closed cabin carriers may be the exception. High capacity chairs may be loaded in a way that allows for 2 seat spaces of physical distancing between people from separate parties.
- Gondolas must be loaded with 6 feet of physical distancing between separate parties and it is strongly recommended that they have their windows open to maximize ventilation.
- Lift queue lines will be managed in a way that maintains 6 feet of physical distancing.
- 6. Regularly sanitize gondolas cabins, counter tops, doorknobs, other common surfaces, cash registers, kiosks, and other frequently touched surfaces including employee used equipment. Install signage to discourage group congregation, or to limit numbers of people in a certain area. Patrons will be reminded to be especially mindful of physical distancing in the parking lot, and other areas with congestion. Warn frequent offenders and ask them to leave if they do not comply.
- 7. Encourage frequent handwashing. Provide tissues, a receptacle for used tissues, and hand sanitizer for use prior, during, and after activities. Ensure any receptacles are emptied often to prevent any overflow especially in outdoor areas.
- 8. Ask visitors to leave the facility after they are done to eliminate congestion/gathering on the property or in the parking lot.
- 9. Increase the number of hand sanitizing stations throughout the space.
- 10. Ensure restrooms are frequently cleaned and appropriately sanitized throughout the day.
- 11. Inside a lodge, including hallways, restrooms, locker room areas and other interior spaces operators need to be prepared to limit occupancy in order to create physical distance and limit congregation. Operators also need to be prepared to make accommodations to ensure the availability of handwashing and hand sanitizer by installing additional handwashing and hand sanitizing stations as needed. Lodges must follow all current restaurant guidelines for serving food and retail guidelines for shops, stores, or rental operations.

## Overnight group summer camps and similar activities

#### **COVID-19 REQUIREMENTS AND RECOMMENDATIONS**

Phases 1 and 2: Regular operation with individual campers not permitted. Operations limited to:

- Household cohort group camping where members of a single household occupy a sleeping cabin
  with a maximum of 10 people per household group. All members of a household group must
  reside at the same address.
- All meals are eaten outdoors or provided as take out to be consumed in the household cabin.

All organized activities are outdoors and must follow the same guidelines as established for <u>summer day</u> camps.

#### Phase 3:

- All camps are required to have COVID Safety Plans, detailing measures specific to the facilities
  that they operate in, including which onsite staff have medical training, measures that will be
  taken in the event of a positive case, circumstances that will require medical assistance, and
  what to do in the event of an outbreak. COVID Safety Plans need to be publicly available for
  review by campers and their families and local health jurisdictions.
- 2. All campers and staff must do one of the following before arriving at camp: 1) be fully vaccinated, OR 2) receive a negative COVID test no more than three days prior to arrival and remain in

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quarantine between the test and start of camp. Public health recommends conducting a rapid antigen test of all campers and staff upon arrival if resources permit. Check with local public health to determine if such resources exist. Details on quarantining can be <u>found at the</u> <u>Department of Health's website</u>. Anyone unable to meet one of these two conditions is not allowed to participate in camp. For the purposes of this guidance, people are considered fully vaccinated for COVID-19  $\geq$ 2 weeks after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna), or  $\geq$ 2 weeks after they have received a single-dose vaccine (Johnson and Johnson (J&J)/Janssen ). Verification of vaccination or test results is required.

- 3. Camps are responsible for locating free COVID testing opportunities for campers who may not otherwise have access.
- 4. Out-of-state campers should follow <u>CDC travel guidance.</u>
- 5. For overnight camps with multiple sessions of campers per season there must be no overlap of arrivals and departures where mixing of groups/cohorts would occur. Check-in procedures should be structured to minimize interactions between campers, families and others before establishing sleeping cohorts. These should be communicated in advance.
- 6. Camps must not exceed 400 per session individuals including campers, volunteers, and staff. A camp can split up into multiple sub camps of 400 per session or less as long as the sub camps remain completely separate, never mixing camps for eating, sleeping, or any other activities.
- 7. Camp capacity should be determined by sleeping arrangements, as this is the only extended indoor activity. All campers must have at least 6 feet physical distance from other camper's heads in sleep facilities, such as beds, bunks, cots or tent sleeping areas. Bedding should be arranged head-to-toe. The addition of partitions between beds is not an acceptable substitute for 6 feet of physical distance between head and toe.
- 8. Each sleeping group occupying a cabin, room, or tent shall be considered a cohort of no more than 16 campers.
- 9. Sleeping cohorts of no more than 16 (if space permits) can be combined to create consistent daytime activity cohorts of no greater than 16 campers. Cohorts should remain consistent for both daytime activities and sleeping in bunks/cabins/campsites together.
- 10. Facial coverings are required to be worn at all times by all staff and campers, and anyone else present at the camp, except for when eating, drinking, brushing teeth, or sleeping. Exceptions allowed for specific outdoor activities in guidelines such as <u>sporting activities</u>, <u>outdoor recreation</u> and <u>water recreation</u>.
- 11. Camps must follow guidelines such as <u>sporting activities</u>, <u>performing arts</u>, <u>outdoor recreation</u> and <u>water recreation</u> when campers engage in these activities. No large activities that include multiple 16 camper cohorts or entire camps are allowed indoors. Sedentary outdoor activities e.g., campfires, talent shows, etc. must provide a minimum of 6 feet of social distance between "sleeping groups."
- 12. All programmed activities are required to occur in outdoor or open-air settings and campers should remain with consistent cohorts. Requirements for open air settings can be found here.
- 13. It is strongly recommended that all eating occur outdoors. A minimum 6-foot distance is required between cohorts. No sharing of items. Camps must utilize staggered scheduled times for meals and avoid buffet lines and prepare boxed style food and snacks if possible. If indoor eating is necessary due to poor weather indoor eating facilities are limited to 50% capacity with minimum 6 feet distancing required between cohorts and maximized ventilation with all windows and doors open is required.

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- 14. Frequent cleaning recommended for high-use, high touch areas such as bathroom and sleeping facilities.
- 15. Hand sanitizer and handwashing stations must be available to all campers.
- 16. For ventilation, camps should follow <u>DOH ventilation guidance</u> for common spaces, small group/residential spaces, bathrooms, etc.
- 17. For transportation to and from camp: Encourage only those in the same household to travel together, and if not in the same household, travel in separate vehicles if possible. For travel groups, (groups that include more than one household in the same vehicle whether in a carpool or on a bus) all members of the travel group, including the driver, must wear a face covering and spread out as much as possible within the vehicle. Encourage family members to sit together. Maximize ventilation in the vehicle by opening windows.
- 18. For bus or shuttle to or from camp or transportation within camp sessions for activities camps must use K-12 Bus Transportation guidance on page 12 of this document.
- 19. Daily symptom screenings are required for campers and staff. Refer to <u>K-12 Schools guidance</u> for details.
- 20. No visitors to camp allowed. Parents or guardians are allowed to enter camp only in the case of medical emergencies or when needed to bring home a camper early.
- 21. For overnight camps, counselors and staff are not permitted to leave camp on days or nights off while camp is in session. If staff leave in between sessions, they must either be vaccinated or test on their return. Unvaccinated counselors and staff are not permitted to leave camp on days or nights off. Vaccinated staff may leave the camp on time off as long as camps make them aware of the best practices they can independently follow to mitigate spread during time they spend off camp property.
- 22. Extended off-site trips, e.g., backpacking, canoeing, should ensure the same safety protocols are followed as when at camp facility. Vendors who are assist with these trips must agree to follow all existing protocols.

#### Safety and Health Requirements for all outdoor recreation

Stay home when sick or if a close contact of someone with COVID-19

Staff and participants should be required to stay home if they feel unwell, show any signs of COVID-19, or are a close contact of a confirmed case. Screening should consider <u>symptoms listed by the CDC</u>. Any person with symptoms of COVID-19 or who is a close contact of someone with confirmed COVID-19 should not be allowed to participate and should contact his or her primary care provider or other appropriate health-care professional.

#### Masks

Masks required for staff and participants at all times.

#### Physical Distance

A minimum of 6 feet of physical distance must be maintained between staff and clients at all times where possible. This distance should be increased when clients are engaged in high-intensity aerobic activities. A minimum of six feet of distance must be maintained among participants when not engaged in fitness and training activities.

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#### Hygiene

Staff and participants to practice good hygiene including washing their hands frequently and covering their sneezes and coughs. Wash hands often with soap and water for at least 20 seconds before and after practice, especially after touching shared objects or blowing your nose, coughing, or sneezing. Avoid touching your eyes, nose, and mouth. If soap and water are not readily available, use a hand sanitizer that contains 60-95% alcohol content. Cover all surfaces of your hands and rub them together until they are dry.

Provide handwashing or hand sanitizing stations at training and contest locations.

Limit the use of locker rooms to handwashing and restroom use only. Showers should not be used due to potential spread of aerosolized droplets. If use of locker rooms for changing is necessary, maximize ventilation and use tape, spots, or cones to signal 6 feet of distance for participants who need to change. If locker rooms are used cleaning protocols must be included in the facility safety plan. Limit occupancy of the locker rooms to avoid crowding.

#### Cleaning

Clean high touch surfaces and disinfect shared equipment before and after each use. Ensure restrooms are cleaned and disinfected regularly. Current CDC guidance for cleaning and disinfection for COVID-19 states that disinfectants should be registered by the EPA for use against the COVID-19. Find the current list here: <u>List N: Disinfectants for Use Against SARS-CoV-2 (COVID-19)</u>. Disinfectants based on hydrogen peroxide or alcohol are safer than harsher chemicals. The University of Washington has a <u>handout with options for safer cleaning and disinfecting products that work well against COVID-19</u>.

#### Ventilation

Ventilation is important to have good indoor air quality. Ensure that ventilation systems operate properly. Increase air circulation and ventilation as much as possible by opening windows and doors. Offer more outside time, open windows often and adjust mechanical ventilation systems to bring in as much outside air as possible. Increase filters to MERV 13 if the HVAC can accommodate. Use of fans for cooling is acceptable. In indoor spaces, fans should only be used when windows or doors are open to the outdoors in order to circulate indoor and outdoor air. They should blow away from people.

Outdoors locations are preferred to indoors locations, and should be utilized to the greatest extent possible to allow for maximum fresh air circulation and social distancing. Outdoor temporary structures may be used. Outdoor structures, in order to be considered outdoors, should have no more than two walls to provide appropriate ventilation unless they meet this ventilation requirement; Structures can have three walls if another opening exists that is large enough to create cross ventilation.

#### **Transportation**

Limit exposure to those outside the household unit during travel. Encourage only those in the same household to travel together, and if not in the same household, travel in separate vehicles if possible.

For travel groups, (groups that include more than one household in the same vehicle whether in a carpool or on a bus) all members of the travel group, including the driver, must wear a face covering and spread out as much as possible within the vehicle. Limit travel groups to those who have been in regular contact (e.g. team members). Encourage family members to sit together. Maximize ventilation in the vehicle by opening windows.

Buses and shuttles should install safety barriers (such as plexiglass shields) between the driver and

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passengers or close (block off/leave empty) the seats nearest the driver to ensure 6 feet of distance between the driver and passengers. Passengers should board from the rear door when possible. Buses should improve air filtration where possible. Buses should be cleaned and disinfected daily after use with attention to frequently touched services (doors, rails, seat backs).

### Records and Contact Tracing

Keep contact information for staff and participants to assist with contact tracing in the event of a possible exposure. Contact information must be kept on file for 28 days after each class or use of the facilities.

#### **Employees**

Employers must specifically ensure operations follow the main Labor & Industries COVID-19 requirements to protect workers. COVID-19 workplace and safety requirements can be found here.

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