

Exciting New Walk/Run 4 Life Information

Due to Covid, our Annual Walk/Run 4 Life will look different this year, but will continue with the same purpose of joining together TO SUPPORT LIFE in our communities! Please join us in one of the following ways to help this ministry meet the needs of our communities!

. Do you Love Timed Races? This one's for you!

- Lake City and Live Oak— One Location
 - Heritage Park– Live Oak
- Pre-Register at www.raceentry.com or PCC Facebook link
- Registration 7:00 am—Timed Run 8:00 am \$35 Registration Fee

Not a Runner? That's ok. We have something for you!

• Create a Team

- Choose a physical activity (be creative!)
- Choose a location and time between Oct. 17–24th

• Find Sponsors to support you

- With \$35 in sponsor donations, get a free T-Shirt
- Post your pictures/short video clips on our Facebook page
 - Download sponsor forms at www.friendsofpcc.com

Create or join a team at: www.friendsofpcc.com Go to the CLICK HERE link Friendly Competition Encouraged!

CALL FOR MORE INFORMATION: LAKE CITY CENTER 386-755-0058 LIVE OAK CENTER 386-330-2229