



**Today's Inspiration:** A young couple came to our office seeking information on abortion. They felt life was too stressed with their children and future plans to add another baby. They met with our staff who are trained to discuss options and encourage the choice for life. After seeing their baby through ultrasound, this couple decided to choose LIFE for their family.

**Today's Prayer:** Pray for women who are just finding out they are pregnant and unsure about their next steps.

**Today's Goal:** Walk for 30 minutes in honor of the \$30 value of a pregnancy test and counseling session.

**\*Today's Action:** Share on social media about the Virtual Walk/Run for Life. Encourage your friends to join you!

I completed today's challenge!



**Pregnancy Care Center**  
**OCTOBER 19th**

**Today's Inspiration:** In 2018 'Grace' our mobile office was put into service. This mobile unit allows us to minister in areas where Pregnancy Centers and transportation are limited. Grace equips us to travel to our clients to serve them where they are.

**Today's Prayer:** Pray for the team that serves on the mobile unit. Pray that clients that need this service will find it.

**Today's Goal:** Scout out a new walking route. Venture into a new path or area for a change of view.

**\*Today's theme:** Dream big—ask God for unique places of ministry and service.

I completed today's challenge!



**Today's Inspiration:** Our centers celebrated 35 years of service this year! God has been faithful to provide for our needs through every step of the journey. This year in the midst of the COVID challenges, our faithful supporters continue to generously provide support that equips us to continue to minister in our communities.

**Today's Prayer:** Let us express thankfulness to God and for our supporters. May God bless this ministry and be gracious to our faithful givers.

**Today's Goal:** Walk for 35 minutes today to celebrate every year of service from the Pregnancy Care Center.

**\*Today's Action:** Walk in a previous year's t-shirt.

I completed today's challenge!



**Today's Inspiration:** There are many pressures that some pregnant women experience that causes them to consider abortion as their only option. Knowing abortion can be one of the most traumatic experiences in a woman's life, leaving a deep sense of guilt and life-long pain, we offer a post-abortion Bible Study that has helped many women find healing and restoration. **Surrender the Secret** is a private, confidential post-abortion Bible study to help these ladies find help and healing.

**Today's Prayer:** Pray for the leaders of Surrender the Secret study and for ladies suffering from a previous abortion to find the study and find healing.

**Today's Goal:** Take a walk and celebrate God who allows us to walk in forgiveness and healing.

**\*Today's theme:** Do a freedom leap and give praise!

I completed today's challenge!



## Pregnancy Care Center

# OCTOBER 21

**Today's Inspiration:** One of the bravest and most selfless acts of love is when a birth mother makes an adoption plan for her baby. Through our center this year, the beautiful gift of adoption was shared. What a joy this was to behold, a sweet baby girl adopted and doubly loved.

**Today's Prayer:** Pray for women who are in difficult circumstances and unable to parent their child to consider the beautiful gift of adoption.

**Today's Goal:** Today is rest day. Join us as we trust and rest in God's all-knowing plans and purpose for each life.

**\*Today's Action:** Will you pray about giving a gift for the Pregnancy Care Center to equip us to share life changing pregnancy options?

I completed today's challenge!



## Pregnancy Care Center

# OCTOBER 23

**Today's Inspiration:** An exciting ministry we are passionate about is our Fatherhood classes. As our clients choose life for their babies, a healthy family dynamic is needed. Men, are mentored by men in a group setting and equipped to lead their families with a godly foundation and strong character.

**Today's Prayer:** Pray for families to be led by strong men, steeped in biblical truth and patterns for the family.

**Today's Goal:** Finish today's walk with strength—go a little further or a little faster. The foundation of health is one that grows as we strengthen it.

**\*Today's Action:** Share with new fathers and all men who would benefit about our classes for men!

I completed today's challenge!



## Pregnancy Care Center

# OCTOBER 22

**Today's Inspiration:** One of the ways the Pregnancy Care Center helps meet the needs of our clients is through our resources. Through educational classes, clients earn Pregnancy Care Center dollars which can be spent in our baby boutiques. Diapers, wipes, clothing and supplies are some of the resources we are able to help provide.

**Today's Prayer:** Pray for clients who struggle financially that they may be blessed through our classes and resources.

**Today's Goal:** Alternate walking and some exercises today for double fitness benefit. Just like Earn While you Learn!

**\*Today's Action:** Be encouraged to pick up a pack of diapers or baby supplies to donate to our centers.

I completed today's challenge!



# OCTOBER 24

## It may not be too late

If you've taken the abortion pill it may not be too late.  
Call 877-558-0333 right away. We can help you!

**Today's Inspiration:** Abortion Pill Reversal is a groundbreaking new program to reverse chemical abortions induced by the abortion pill. Women who have taken the Abortion Pill and regret their decision can be helped and 68% of babies can be saved through a process our office is trained and equipped in.

**Today's Prayer:** Pray for one of our clients who has chosen to save her twin babies through the Abortion Pill Reversal treatment.

**Today's Goal:** Continue the good work you have done the last several days. Find a physical activity you enjoy and reap the benefits of a healthy lifestyle.

**\*Today's Action:** Continue to keep the Pregnancy Care Centers in your prayers and share continued support through monthly recurring donations.

I completed today's challenge!