



Pregnancy Care CENTER

OCTOBER 12, 2024

5K Walk/Run 4 Life

Supporting: Lake City, Live Oak, Mayo, Perry, Alachua, Lake Butler & Jasper

\$35.00 in donations = FREE GIFT

\$35.00 **TIMED** WALK/RUN or

Registration: 8:00 AM ~ Walk/Run begins at 9:00 AM

Timed run for runners and serious walkers!



Please ask for Sponsors from your friends & family!
Live Oak- First Federal Sportsplex
Lake City- Darby Pavilion

GETTING SPONSORS puts the **FUN** in **FUNDRAISER**, and increases the **FUNDS** for more babies to be saved and lives changed through the services of the Pregnancy Care Center! It also increases your giving ability as well as the opportunity to win some great prizes! Runners and Walkers are encouraged to get sponsors for the 5k Walk/Run For Life. Scan the QR code or visit www.friendsofpcc.com to donate.

Please circle one: I am: Walking Running Stroller Life Supporter (Sitting)

I will be competing as: Timed _____ Untimed _____

My age is: _____ Date of Birth _____

Church / Organization / Business I am with _____

Title _____ First Name _____ Last name _____

Address: _____ City _____ State _____

Zip _____ Phone _____

Email _____

Parent's Name (if minor) _____

WAIVER OF RESPONSIBILTYY: *I participate in this Walk/Run event at my own risk. I agree to indemnify and hold harmless the Pregnancy Care Center, the city of Lake City, Columbia County, and all parties connected with this event, in any action or suit involving injury, death or property damage. I also give permission for use of my photo/ name in regards to this event:*

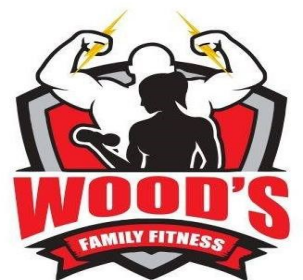
SIGNATURE: _____ **DATE:** _____



(386) 754-6186



Rountree Moore



Name	Address	Amount	Cash	Check#	Credit card OR Online

Office Use Only:

TOTAL CASH & CHECK: _____ TOTAL ONLINE: _____ RECEIVED BY: _____

Locations

Lake City – Darby Pavilion
Live Oak - First Federal Sportsplex

WALKERS \$35.00
TIMED RUNNERS \$35.00
45.00 DAY OF RACE FOR TIMED

~ASK FOR SPONSORS~

CASH, CHECK OR ONLINE AT:
Friendsofpcc.com
Ask everyone your
friends, family, coworkers & church members!

Prize Levels:

FREE gift with \$35.00 in donations
1st & 2nd place prizes for Most Money Collected
Prize Categories: Ages: 0-9; 10-15;-16-25; 26-100

BUILD A TEAM!

- From your Workplace
- From your Family and Friends
- From you Church/Business

**After the walk/run we will have a
Toddler Trot, ages 0-2, 3-4
Obstacle Course, ages 5-6, 7-9.**

Church Team Competition

Get on a team with your Church
Help your church win a Trophy!
Win prizes for yourself!

See your Ambassador for details.
Lake City— 386-755-0058
Live Oak— 386-330-2229