Sermon Title: The Love of Jesus Transformed my Life, Again

Philippians 4:13 - 13 I can do all things through him (Christ) who strengthens me.

Psalm 40: 1-3 - "[1]I waited patiently for the LORD; he inclined to me and heard my cry. [2] He drew me up from the pit of destruction, out of the miry bog, and set my feet upon a rock, making my steps secure. [3] He put a new song in my mouth, a song of praise to our God. Many will see and fear, and put their trust in the LORD."

Psalm 34:18 "The LORD is near to the brokenhearted and saves the crushed in spirit."

Isaiah 41:10 "You are my servant, I have chosen you and not cast you off"; [10] fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand."

2 Corinthians 1:3-4 - "[3] Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, [4] who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God."

Challenges:

1) My first challenge is to anyone who may have identified with some of the symptoms that I had while being depressed and thought to yourself, hmm those sound familiar. I challenge you to talk to the people closest to you and see if they think something is different about you, and if you might benefit from talking to a third party person about it.
2) My second challenge is for people that didn't necessarily relate to my story today, and that is totally fine, but even if you didn't, keep your eyes out for your loved ones that might be going through a tough time and help them to grieve and deal with their pain.
3) And lastly, I want to challenge everyone with showing others grace.

Sermon Notes:

Sermon Title: The Love of Jesus Transformed my Life, Again

Philippians 4:13 - 13 I can do all things through him(Christ) who strengthens me.

Psalm 40: 1-3 - "[1]I waited patiently for the LORD; he inclined to me and heard my cry. [2] He drew me up from the pit of destruction, out of the miry bog, and set my feet upon a rock, making my steps secure. [3] He put a new song in my mouth, a song of praise to our God. Many will see and fear, and put their trust in the LORD."

Psalm 34:18 "The LORD is near to the brokenhearted and saves the crushed in spirit."

Isaiah 41:10 "You are my servant, I have chosen you and not cast you off"; [10] fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand."

2 Corinthians 1:3-4 - "[3] Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, [4] who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God."

Challenges:

1) My first challenge is to anyone who may have identified with some of the symptoms that I had while being depressed and thought to yourself, hmm those sound familiar. I challenge you to talk to the people closest to you and see if they think something is different about you, and if you might benefit from talking to a _____ person about it.
2) My second challenge is for people that didn't necessarily relate to my story today, and that is totally fine, but even if you didn't, keep your eyes out for your _____ that might be going through a tough time and help them to grieve and deal with their pain.
3) And lastly, I want to challenge everyone with showing others _____

Sermon Notes: