

Through The Bible In One Year

The Adventure of Many Lifetimes

Unpublished Work, December 2005, Laura Gardner.

Theme: Inside Out

Week 8 Small Group Bible Study & Sunday School Lesson

Open (Sharing our Own Stories & Getting To Know One Another)

1. What fad did you follow as a youth to “fit in” and be like everyone else? 2. What fads are popular today? 3. Are any current fads harmful? Why?

Going Deeper Into God’s Word Together

Read aloud Leviticus 18: 1-6, 20-28; Psalm 40: 1-10; Mark 7: 14-23

Leviticus: 1. The Lord speaks through Moses and tells the people they must not follow the practices of the Egyptians or Canaanites; they must follow only God. How are we tempted today to follow our culture instead of God? 2. The Lord says that those who obey his laws will live by them; he is the Lord. What problems does disobedience to him cause us? 3. Moses gives great detail about the laws governing the ways one can be defiled, particularly sexually. For what reasons would God find sexual defilement so detestable for his people?

Psalm: 1. What “slimy pit” might God have lifted David out of? What “pits” do we fall into? 2. How does God’s “rescue” impact others around us? 3. What outside changes show that God has rescued David on the inside?

Mark: 1. Jesus declares that it is what comes out of the mouth of a man that makes him unclean. What is the primary source of all that is unclean? 2. Why are we, like those listening to Jesus, so concerned with external things? 3. How can we let go of external things and become “clean” on the inside?

Reflecting On What God Is Telling Us:

1. How “clean” are you feeling at the present time? ___spotless ____pretty clean
____soiled ____filthy
2. What do you need to do to help God clean up your internal life?

Applying/Putting Into Practice What God’s Told Us

What are some thoughts or behaviors you would like to start “cleaning up” this week?