

# ALKI UNITED CHURCH OF CHRIST

March 6, 2022

The First Sunday in Lent

Communion Sunday



*We are a church where Jesus the healer meets Jesus the revolutionary,  
and where together, we grow a just and peaceful world.*

<b>Gathering Music</b>	DJ Wilson, Guest Accompanist
<b>Welcome</b>	Rev. Louis J. Mitchell
<b>Call to Worship</b>	Kim B, Liturgist
<b>Sung Response</b>	<i>Give Me a Clean Heart, #188 NCH</i> <b>Lord Give me a clean heart, so I may serve you.</b> <b>God fix my heart, so that I may be used by you.</b> <b>For I'm not worthy of all these blessings.</b> <b>Give me a clean heart and I'll follow you. (2x)</b>
<b>Contemporary Voice</b>	"I am not a saint, unless you think of a saint as a sinner who keeps on trying." — <i>Nelson Mandela</i>
<b>Opening Song</b>	<i>Oh When the Saints, Go Marching In</i>
<b>Scripture Readings:</b>	<b>Exodus 20</b> (NRSV) I give you thanks, O LORD for they have heard the words of your mouth. you preserve me against the wrath of my enemies; you stretch out your hand, and your right hand delivers me. The LORD will fulfill (their) purpose for me; your steadfast love, O LORD, endures forever. Do not forsake the work of your hands.

Then God spoke all these words:

I am the Lord your God, who brought you out of the land of Egypt,  
out of the house of slavery;

you shall have no other gods before me.

You shall not make for yourself an idol,  
whether in the form of anything that is in heaven above,  
or that is on the earth beneath,  
or that is in the water under the earth.

You shall not bow down to them or worship them;  
for I the Lord your God am a jealous God,  
punishing children for the iniquity of parents,  
to the third and the fourth generation of those who reject me,  
but showing steadfast love to the thousandth generation  
of those who love me and keep my commandments.

You shall not make wrongful use of the name of the Lord your God,  
for the Lord will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy.

Six days you shall labor and do all your work.

But the seventh day is a sabbath to the Lord your God;  
you shall not do any work—

you, your son or your daughter, your male or female slave,  
your livestock, or the alien resident in your towns.

For in six days the Lord made heaven and earth,  
the sea, and all that is in them,  
but rested the seventh day;

therefore the Lord blessed the sabbath day and consecrated it.

Honor your father and your mother,  
so that your days may be long in the land  
that the Lord your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house;

you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or  
anything that belongs to your neighbor.

When all the people witnessed the thunder and lightning,  
the sound of the trumpet, and the mountain smoking,  
they were afraid and trembled and stood at a distance,  
and said to Moses, "You speak to us, and we will listen;  
but do not let God speak to us, or we will die."

Moses said to the people, "Do not be afraid;

for God has come only to test you

and to put the fear of him upon you so that you do not sin."

Then the people stood at a distance, while Moses drew near to the thick darkness where  
God was.

**John 3:16** (NRSV)

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.”

**Sermon** “Pride and Fear, the DNA of Sin”

**Second Song** *Lord Jesus, Who Through Forty Days, #211 NCH*

**Communion:** Words of Institution and Consecration

**Communion Music** *Let us Break Bread Together, African American Spiritual*

**Communion Prayer of Thanksgiving:**

**Gracious God, we thank you for the gift of your chosen and beloved One.**

**Jesus, we take you into ourselves, symbolically but earnestly.**

**We strive to be one flesh with You, one heart with You,**

**We strive to be Your hands here in this time and place where You have planted us to serve. Amen.**

**Prayer of Confession**

**Words of Assurance**

**Prayer time** *The Lord's Prayer*

**Our Creator,**

**Who is in all things,**

**Above us, below us, within us, all around us,**

**We lift up your many names with praise and reverence.**

**May we bring the kin-dom of love and service to this place**

**As we imagine to be in heaven.**

**Give us gratitude for this breath, this day.**

**We thank you for your daily provision.**

**Forgive us for those we have harmed, intentionally or not.**

**Give us a heart of forgiveness for those who have harmed us, intentionally or not.**

**Give us sight to see temptation and discernment to turn away.**

**Direct us away from the evil in our midst and in our hearts.**

**This kin-dom is yours and tending it is our responsibility.**

**All power is yours and any that we hold comes from you.**

**Glory is yours and any that we claim is residual to our relationship with you.**

**Your eternal Spirit lives on forever, in us and beyond us –**

**For which we are thankful. Amen.**

(L. Mitchell)

**Call to Offering/Offering Prayer**

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