

Smoked Sausage Corn Chowder

SERVES: 4

PREP TIME: 25 MINUTES

COOK TIME: 4 HOURS



Ingredients

- · One, 14oz (396g) smoked sausage, diced
- · One, 103/40z can (305g) cream of corn soup
- · One, 103/40z can (305g) cream of celery soup
- · 3 medium potatoes, diced into cubes
- · One, 12oz can (354g) evaporated milk
- Two, 15oz cans (425g) whole kernel corn, drained
- · 1 cup (240ml) chicken broth
- · 1 orange bell pepper, diced
- · 1 tablespoon dried marjoram
- · 1 tablespoon fresh thyme
- · 1 tablespoon fresh rosemary
- · Salt and pepper to taste

Preparation

- 1. Preheat your sous vide water bath 183°F (84°C).
- 2. Combine all ingredients in a large bowl.
- Divide all ingredients equally between two, 1 gallon (3.80 liter) vacuum pouches.
 Remove as much air from the pouches as possible with your hands and vacuum seal.
- 4. Submerge both pouches completely in the water bath and cook for 4 hours.
- 5. Once cooked, remove the contents from both vacuum pouches and ladle into soup bowls. Serve with hot crusty bread and a garden salad. Garnish with fresh parsley.